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Covering The News In Connecticut's Northwest Corner And Its Environs Since 1897



PHOTO BY DEBRA A. ALEKSINAS

Joanne Borduas, center, CEO of Community Health & Wellness Center, is joined by Kelly Baxter Spitz, right, director of development for CHWC, and Jill Cancellieri, director of philanthropic services for the Berkshire Taconic Community Foundation, during an informal tour last week of the new North Canaan health center, slated to open in May.

Forum dissects today's national security landscape

By Patrick L. Sullivan

FALLS VILLAGE — Andrew Hoehn and Thom Shanker said the U.S. needs more robust and responsive intelligence and action “machines” to respond effectively to global threats.

The two spoke at the Salisbury Forum Friday, March 8, at Housatonic Valley Regional High School. Alex Ward moderated.

Hoehn is a former deputy assistant secretary at the Defense Department, a member of the Council on Foreign Relations, and currently senior vice president for research and analysis at the RAND Corporation. Shanker is a veteran reporter for the New York Times and Chicago Tribune. Ward is a retired New York Times book editor.

Hoehn and Shanker just published a book: “Age of Danger: Keeping America Safe in an Era of New Superpowers, New Weapons, and New Threats.”

There was some initial fiddling around with microphones and positioning of armchairs, with audience participation. (“Speak up!”)

Logistics settled, Ward asked how the authors got together.

Hoehn said he met Shanker when he was at the Pentagon and



PHOTO BY PATRICK L. SULLIVAN

Andrew Hoehn and Thom Shanker led the March 8 Salisbury Forum. The two reviewed the modern climate surrounding national security and global threats.

Shanker was working for the Times.

He said he grew to respect Shanker's reporting and found him trustworthy.

“He wasn't about ‘gotchas.’ He was fair and accurate.”

When Hoehn moved to RAND, the two stayed in touch.

Asked about Russian strongman Vladimir Putin, Shanker called him, and post-Soviet Russia, “the threat hiding in plain sight.”

“Russia became a country the West ignored” after the collapse of the Soviet Union — “a gas station with rockets.”

He said a 2007 speech by Putin at the Munich Security Conference told the world “exactly what he was

See FORUM, Page A10

Ribbon-cutting, open house set for CHWC

By Debra A. Aleksinas

NORTH CANAAN — Community Health & Wellness Center's (CHWC) new regional health care center in North Canaan is on track to open this spring.

According to Joanne Borduas, the organization's CEO, a ribbon-cutting ceremony is set for Friday, May 10, with the presence of elected officials, key funders and tours of the facility to mark the “significant milestone.”

On Saturday, May 11, CHWC will host an open house for the public.

“This event aims to welcome the

community, showcase our state-of-the-art facility and allow residents to learn more about the comprehensive services we will offer,” said Borduas.

“It's an excellent opportunity for the public to engage directly with our team, ask questions and understand the positive impact our new health care center will have on their lives.”

Borduas noted that the “increased capacity and enhanced capabilities of the new center will significantly reduce waiting times for appointments, ensuring more timely and accessible health care for our community members.”

Students share scenes from war-torn Ukraine

By Patrick L. Sullivan

LAKEVILLE — Two Ukrainian students at The Hotchkiss School presented photographs taken in the war-torn country and offered their perspective Thursday, March 7.

Oleh Shtunder, 18, is a junior at Hotchkiss. He showed a Ukrainian flag emblazoned with messages from his friends in the “Dark Side of the Moon” brigade of the Ukrainian army.

He said that the brigade members are volunteers and have suffered casualties.

One was Olexy Shkarpta, a 31-year-old chef, who inked the flag with a poem about dignity and freedom.

The photographs are remarkable. If they were in black and white and the clothes were different, they could be mistaken for photos from

See UKRAINE, Page A10

Rep. Hayes engages with regional leaders on farm bill priorities

By Janna Siller

MORRIS — Farmers and leaders from across northwest Connecticut gathered at the end of February for a rare opportunity to be together in the same room.

The event was organized by the Farmer's Table, a program of local nonprofit Partners for Sustainable Healthy Communities, and took place at South Farms.

Cornwall farmer Gordon

Ridgway, who is the town's first selectman, took a break from a peak maple syrup production day to attend.

“There were farmers there that I've known for 30 years and people I just met. We all face overlapping issues, especially with the extreme weather of the past couple years. Farmers by nature are always busy doing things, so it's nice to be able to talk and bounce ideas off each other. It's also nice to have a party once in a while with good, local-

See FARM BILL, Page A10



PHOTO BY PATRICK L. SULLIVAN

Hotchkiss student Oleh Shtunder showed a Ukrainian flag emblazoned with messages from his friends in the “Dark Side of the Moon” brigade of the Ukrainian army.

Making it happen in North Canaan

By Kathryn Boughton

NORTH CANAAN — Sometimes the best ideas are right before our eyes, obvious but unrecognized.

Put some new eyes on the problem, however, and they are quickly detected.

That is the case with an initiative at the North Canaan Town Hall, where First Selectman Brian Ohler has begun “Make it Happen Mondays,” a time at the beginning of the week and the beginning of the day when contractors and homeowners can find all the building officials they need in one place.

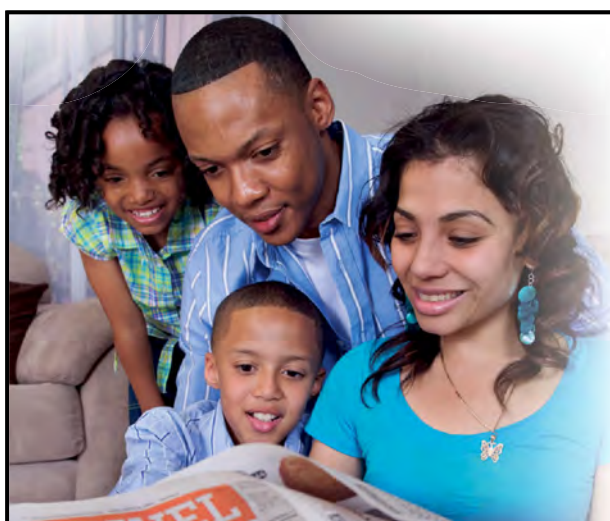
“I had thought about it for a while,” Ohler said. “Speaking with residents and contractors, I heard complaints that the office hours were piecemeal — one office is open, another

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Online This Week

North Canaan approves cannabis regs
Planning and zoning established marijuana regulations. More on www.lakevillejournal.com

POLICE BLOTTER: TROOP B

The following information was provided by the Connecticut State Police at Troop B. All suspects are considered innocent until proven guilty in a court of law.

Rear ended on Route 41
On Saturday, March 2, at approximately 10 a.m., Olaf Olsen, 86, of Saisbury, was traveling north on Route 41 in Salisbury in a 2015 Subaru Forester. Ahead was a 2006 Honda Pilot driven by Sergei Givotovsky, 86, of Sharon. Olsen's vehicle struck the Honda. Both vehicles were driven from the scene and Olsen was issued a written warning for failure to drive a reasonable distance apart resulting in a collision.

Hits utility pole, flips over
On Sunday, March 3, at approximately 3 p.m., John Kehoe, 53, of New York City, was traveling eastbound on Wells Hill Road in Salisbury in a 2006 Range Rover when the vehicle left the road, struck a utility pole, then rotated and flipped, coming to rest on its driver's side. The vehicle was towed from the scene and Kehoe was issued an infraction for failure to maintain lane.

Series of collisions
On Wednesday, March 6, at approximately 2 p.m., Robert Schur, 47, of North Canaan, was eastbound on Route 44 in Salisbury when

his 2015 GMC Sierra side-swiped a 2021 Subaru Outback near 19 Main Street, and continued traveling eastbound. Later, Schur was northbound on North Elm Street in North Canaan and was attempting to turn into St. Martin of Tours Church of St. Joseph when the vehicle struck a post and a sign, coming to rest. Schur was charged with operating under the influence, evading responsibility and failure to maintain lane.

Stop sign collision
On Wednesday, March 5, at approximately 9 p.m., Luke Brown, 24, of Verbank, New York, was traveling south on Route 41 in Sharon in a 2013 Ford Escape and made a complete stop at a four-way Stop sign. Jane Larkworthy, 61, of New York City, driving a 2022 Volvo XC40, failed to stop at the Stop sign, resulting in her vehicle striking Brown's. Larkworthy was issued a written warning for failure to obey a Stop sign.

Route 63 collision
On Friday, March 8, at approximately 5 p.m., Peter Pixley, 73, of Falls Village, was traveling eastbound on Route 63 in Canaan in a 2019 Ford Ranger Supercrew. Rebekah Oppenheimer, 17, of New Haven, was driving a 2018 Tesla Model 3 and making a right turn from Johnson Road onto Route 63 and struck the Ford's passenger side. Pixley was transported by Falls Village EMS to Sharon Hospital for stated chest pain. Both vehicles were towed from the scene.

The Lakeville Journal will publish the outcome of police charges. Contact us by mail at P.O. Box 1688, Lakeville, CT 06039, Attn: Police Blotter, or send an email, with "police blotter" in the subject line, to johnc@lakevillejournal.com.

North Canaan early kindergarten and kindergarten registration April 24, 25

NORTH CANAAN — North Canaan Elementary School will hold registration for kindergarten and early kindergarten Wednesday, April 24, and Thursday, April 25, for children born in 2019. Registration appointment will be about one hour in length. Parents and children will meet several members of the school, and children will participate in a variety of activities to help get to know him or her. Bring birth certificate, immunization and medical records, driver's license and two proofs of residency. Call the school main office at 860-824-5149 by Monday, April 22, to schedule an appointment.

CONTACT US

John Coston
Editor-in-Chief
johnc@lakevillejournal.com

Riley Klein
Managing Editor
rileyk@lakevillejournal.com

Alexander Wilburn
Special Sections Editor
alexw@lakevillejournal.com

Sandra Lang
Circulation Manager
circulation@lakevillejournal.com

James H. Clark
Publisher, CEO
jamesc@lakevillejournal.com

Methodist Church welcomes new minister

By Leila Hawken

MILLERTON — Since beginning her ministry at the United Methodist Church in February, the Rev. Dr. Anna Crews Camphouse is already seeing growth in numbers and a potential for increasing programs in service to the community that surrounds the historic church.

She is not new to the area or to the challenges as she currently serves thriving Methodist churches in Sharon and Lakeville, Connecticut. Camphouse made time for an interview Thursday, March 7, in the church sanctuary.

"It's not the most I've done at one time," Camphouse observed when asked how she will manage to lead three churches simultaneously. From 2017 to 2019, when she was at Auburn University in Alabama, she led a large student pastor education program involving vast field work in addition to pastoring three churches.

"It's a small congregation right now," Camphouse said of Millerton, where services will be offered on the first and third Sundays of each month beginning at 3 p.m.

On all Sundays, the Lakeville church worships at 9:15 a.m. and the Sharon congregation worships at 10:30 a.m.

The Millerton church has "an incredible history," Camphouse said, noting that people are beginning to come back after a long hiatus. In the church's prime, it was truly central to the community.



PHOTO BY LEILA HAWKEN

The Rev. Dr. Anna Crews Camphouse is already at work reviving the spirit of the United Methodist Church to serve Millerton.

"It is a landmark," she added, given its architectural beauty inside and out, and its important location.

An unusual feature is that the sanctuary, the worship space, is on the second floor, the same configuration as the Dexter Avenue Baptist Church where the Rev. Dr. Martin Luther King was the pastor during the time of the Montgomery bus boycott.

Questions that she asks herself and the Millerton Church include "How can the church elevate the community and build that community to lift up the spirit and better teach people simply to love one another?"

Looking beyond Miller-

ton, Camphouse said that a massive challenge in the modern world is to teach people of different backgrounds to come together, the church functioning as a community center where relationships are built. It's as simple as loving your neighbor, she explained.

"I used to be an activist," she said, "but that was a time when expressing your opinion would not get you fired."

"We need to return to having a bias toward love and trust and listening and understanding," Camphouse said. "It's a desperate need," she added, the creation of a spiritual life.

"We are spiritual beings

having a human life," she noted.

"Faith and fear cannot abide in the same faith," Camphouse said. Addiction to fear, she said, causes loss of hope and loss of trust.

"The church is there to live into that healing of the world, starting right there in your local community," Camphouse said.

Looking ahead to how the Millerton Methodist Church can foster community, Camphouse said that she and the church members are excited to be helping to plan for Millerton's 150th anniversary in 2025.

With characteristic enthusiasm, Camphouse said she could envision a trip through the Southern states, perhaps a Civil Rights tour of the important sites of the 1950s and 1960s.

Community teas and conversations could be in the future or fellowship combining the Moviehouse with film discussion and refreshments to follow at the church across the street.

The summer farmers market will continue to be a popular community draw, Camphouse said.

"I'm listening. I'm open to getting this going. I will appreciate any support along the way," Camphouse said.

The next Sunday service will be March 17 at 3 p.m. To share any ideas or to know more about the Millerton Methodist Church, Camphouse invites anyone to reach her at annacrewscamphouse@gmail.com

LEGAL NOTICES

Legal Notice

Notice is hereby given that a Presidential Preference Primary of the Republican and Democratic Parties will begin with early voting on March 26, 2024, through March 28, 2024, and March 30, 2024, with the primary being held on April 2, 2024, in each town.

Notice is also hereby given that the following are the names of the candidates (including the category "Uncommitted") which are to appear on the ballot at said primary in the manner and in the order in which such names and category are herein listed, under the office designation "Nomination for President of the United States" and, together with the addresses of such candidates:

Democrats
Name and Address:
Marianne Williamson, Washington, D.C.
Dean Phillips, Excelsior, MN.

Cenk Uygur, Los Angeles, CA.
Joe Biden, Philadelphia, PA.

Uncommitted
Republicans
Name and Address:
Ron DeSantis, Tallahassee, FL.

Nikki Haley, Daniel Island, SC.

Donald J. Trump, Arlington, VA.

Ryan Binkley, McKinney, TX., Uncommitted

Dated at Hartford, Connecticut, this 1st Day of March, 2024.

Stephanie Thomas
Secretary of the State

The foregoing is a copy of the notice that I have received from the Office of the Secretary of the State in accordance with Secs. 9-433 and 9-471 of the General Statutes. As provided, such primary will begin with early voting on March 26, 2024,

through March 28, 2024, and March 30, 2024, and the primary will be held on April 2, 2024. The hours of voting during early voting and at said primary and the location of the polls will be as follows:

Hours of Voting:
March 26, 2024 - 10:00a.m. to 6:00p.m.
March 27, 2024 - 10:00a.m. to 6:00p.m.

March 28, 2024 - 10:00a.m. to 6:00p.m.

March 30, 2024 - 10:00a.m. to 6:00p.m.

Primary Day- 6:00 a.m. to 8:00 p.m.

Location of Polling Place

Salisbury Town Hall
27 Main Street
Salisbury, CT 06068

Dated at Salisbury, Connecticut, this 4th day of March, 2024.

Patricia H. Williams,
Town Clerk
Town of Salisbury
03-14-24

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Name and Address:

Ron DeSantis, Tallahassee, FL.

Nikki Haley, Daniel Island, SC.

Donald J. Trump, Arlington, VA.

Ryan Binkley, McKinney, TX., Uncommitted.

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Secretary of the State

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Primary Day- 6:00 a.m. to 8:00 p.m.

Voting District-1

Location of Polling Place:

Kent Town Hall 41 Kent Green Blvd.

Dated at Kent, Connecticut, this 4th day of March, 2024.

Town Clerk
Darlene F. Brady
Town of Kent
03-14-24

Notice of Decision Town of Salisbury Planning & Zoning Commission

Notice is hereby given that the following actions were taken by the Planning & Zoning Commission of the Town of Salisbury, Connecticut on March 4, 2024:

Approved with Conditions - Special Permit Application #2024-0237 by Huestis Tucker Architects, for construction of a detached apartment on a single family residential lot in the Lake Protection Overlay District in accordance with Sections 208, 302.6, and 404 of the regulations. The property is shown on Salisbury Assessor's Map 04 as Lot 16 and is located at 177 Interlaken Road, Lakeville. The owners of the property are David and Sarah Nathan.

Approved - Special Permit Application #2024-0239 by The Corner Food Pantry for a Philanthropic Use and Satellite Parking in accordance with Sections 212.3 and 703.7 of the Zoning Regulations at 80 Sharon Road, Lakeville Salisbury Assessor's Map 47, Lot 45. Satellite parking was approved at the Saint Mary's Church parking lot off Wells Hill Road, Map 47, Lot 46. The owner of both properties is Saint Martin of Tours Parish Corp., Any aggrieved person may appeal these decisions to the Connecticut Superior Court in accordance with the provisions of Connecticut General Statutes §8-8.

Town of Salisbury
Planning &
Zoning Commission
Martin Whalen, Secretary
03-14-24



DID YOU KNOW?

In October 1946, HVRHS was featured in LOOK Magazine's "The Hope of American Education" article.

Read more at: 21stcenturyfund.net

Our Towns

Salisbury joins climate resiliency group

By Patrick L. Sullivan

SALISBURY — The Board of Selectmen voted unanimously to join SustainableCT at the board's regular monthly meeting Monday, March 4.

SustainableCT is a non-profit organization. The selectmen were urged to join by Barbara Bettigole, chair of the Transfer Station Advisory Recycling Committee, who said membership will allow the town to participate in grant-funding opportunities for projects at the Salisbury-Sharon transfer station.

Selectman Kitty Kiefer asked what it costs.

"Nothing," said Bettigole.

A sustainability committee with members from both towns will be appointed, First Selectman Curtis Rand said.

Bettigole gave an update on activity at the transfer station. Coming in the first week of April: Food Waste Prevention Week.

Bettigole's emailed newsletter of Saturday, March 9, states that over 400 households in the two towns are participating in the food waste diversion program. From February 2023 to February 2024, 79,200 pounds of food scraps have been taken out of the municipal solid waste stream.

She said the transfer station plans to expand the program ahead of the requirement that commercial establishments separate food scraps from the waste stream, which takes effect in 2025.

The selectmen discussed the question of food trucks, referring to a recent kerfuffle over a food truck that was parked in town without the property owner's permission.

Rand said it was a misunderstanding, but the selectmen need to decide what the policy is. He described the town's policy to date as "pretty laid back" and that the question, if it arises at

all, usually comes up during major events such as the Fall Festival:

"There's not a lot of them, and they're temporary."

The selectmen ultimately did not make a change, but will keep an eye on food trucks to make sure they are operating with the property owner's permission and are not directly competing with established restaurants.

Peter Gilbert of the Salisbury Winter Sports Association told the board that SWSA is raising money to rebuild the 30-meter ski jump at Satre Hill, to match the improvements made to the big jump and the 20-meter jump and provide training and competition opportunities for jumpers of intermediate skills. He said the cost

of the project is \$425,000. He did not ask the selectmen for any money, nor did they offer any.

The selectmen discussed the problem of the highly invasive and destructive hydrilla in town lakes, especially Twin Lakes and Lake Wononscopomuc. At the Board of Finance meeting Thursday, March 7, Rand said that this spring and summer, the town will close Lake Wononscopomuc to all outside boats. (Canoes, kateaks and rowboats are available for rent.) The Twin Lakes Association will take on the problem at its lakes, and the state Department of Energy and Environmental Protection will reconfigure the public boat launch for car-top boats only.

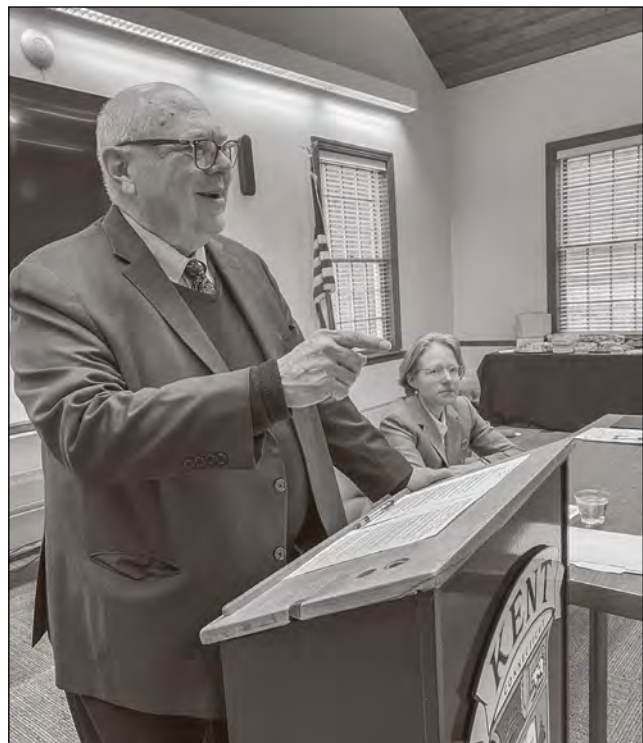


PHOTO BY LEILA HAWKEN

CIA veteran John Lauder drew on his experience in intelligence and arms control monitoring for a program at the Kent Town Hall Saturday, March 9. Seated is Kent native Sarah Chase, who served as moderator for the discussion.

Oppenheimer's controversial legacy

By Leila Hawken

KENT — The threat and the reality of nuclear proliferation around the world drew the interest of Kent residents presented with a pair of events sponsored by the Kent Memorial Library.

A screening of the Oscar-winning film "Oppenheimer" was held at the library Friday, March 8, well-timed in advance of the Academy Awards program scheduled for the following Sunday.

The film showing was scheduled as a companion to a talk Saturday, March 9, at the Town Hall that drew an audience of 50 residents to hear CIA veteran John Lauder recount his experience in intelligence and arms control monitoring. Serving as moderator for the program was Kent native Sarah Chase.

Titled "The Oppenheimer Legacy: Nuclear Threats, Deterrence, and Arms Control in Today's World," Lauder's focus, guided by Chase, was just that.

Using the film as a springboard to discussion, and in reply to Chase's first question, Lauder said that the movie raises new important questions about the impact of the spread of nuclear weapons around the world.

"This will not be a feel-good talk," Lauder cautioned his audience.

"If Oppenheimer came back, he would be astonished that 80 years have passed and we haven't blown up the world, nor have we had major conflicts between nuclear powers," Lauder said.

"It's still a very scary world," Lauder noted, adding that with the spread of nuclear capability to other countries including North Korea, Iran, India and others, "a world free of nuclear weapons is now perhaps out of reach in the modern day."

"It's not that nuclear war is unimaginable; it is not imagined enough," he said.

About national security, Lauder said that during the 1980s, when the U.S. and Russia were the sole powers with massive nuclear stockpiles, the state of affairs was "perilous but predictable."

Now, nuclear weapons have proliferated in other more volatile regions, Lauder explained.

As for artificial intelligence and cybersecurity, they can complicate nuclear deterrence, Lauder said, opening the possibility of tampering with signals that could warn of an impending

attack.

"There is good news and bad news in all of these advances," Lauder warned.

When the floor opened to audience comments and questions, the Kent audience rose to the moment with well-informed questions.

Topics included the environmental and health effects surrounding the handling of radioactive materials at Los Alamos in New Mexico, growing global mistrust of government entities, polar divisiveness among peoples, and the threat of nuclear war breaking out because of a mistake or miscalculation.

"I love the town of Kent," Lauder said of his first visit to the town, noting that he had worn a nuclear physics-themed necktie for the occasion. In conversation following the program, he said that he has another tie from Great Britain depicting swords being beaten into plowshares, but the designer leaves in doubt whether it might be the other way round.

Lauder and Chase are alumni of Hiram College in Hiram, Ohio, home of the James A. Garfield Center for Public Leadership, founded by Lauder to prepare students for careers in public service. The center is named for President Garfield, also a Hiram graduate, who served as an early head of school.

Lauder is now associated with the Wisconsin Project on Nuclear Arms Control.

HVRHS students win national 'Hamilton' competition

FALLS VILLAGE — The Gilder Lehrman Institute of American History has named five students from Housatonic Valley Regional High School (HVRHS) as outstanding performance winners in its national Hamilton Education Program.

In May, the students will travel to New York City to see the musical "Hamilton," participate in a talkback with the cast and tour the Museum of Broadway.

The students worked in groups to incorporate Revolutionary War-era sources into performance pieces. A piece called "The Battle of Trenton,"

which told the event's story via reports of commanders and the words of Thomas Paine, was the work of Andy Delgado, Katelin Lopes and Tess Marks. Manasseh Matsudaira and Kyle McCarron's "Blessed is He" integrated a Native American prayer in bemoaning the state of conditions after 1977's Battle of Oriskany.

The students are enrolled in social studies teacher Peter Vermilyea's Early College Experience U.S. History class, which is a dual-enrollment course offered in conjunction with the University of Connecticut.

Falls Village to hold kindergarten registration

FALLS VILLAGE — Lee H. Kellogg School's kindergarten registration for the school year 2024-2025 will take place Thursday, May 9, starting at 9:30 a.m.

Children who reside in the Town of Canaan, Falls Village, CT 06031 who were

born in the year 2019 and who will be 5 years old by Sept. 1, 2024, are eligible to be registered. Call the school office at 860-824-7791 to start your registration process and confirm your appointment time.

Correcting Errors

We are happy to correct errors in news stories when they are called promptly to our attention. We are also happy to correct factual and/or typographical errors in advertisements when such errors affect meaning.

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Text and a reproducible photograph are due two weeks before the desired publication date. If sending a photograph (.jpg or .tiff file), please include the names of everyone in the picture in the body of your email.

For more information, or to submit your paid announcement, please email publisher@lakevillejournal.com.



PHOTO BY HUNTER WHITFORD

Liquid gold

Lou Timolat, left, and Donnie Reid worked on maple syrup production at the Falls Village Sawmill last week. Timolat said, thus far, the yield is about 67 gallons, with perhaps another 20 to go. He added that this year's sap is "somewhat scant in sugar, so more boiling effort per gallon of syrup this year."

"The personal touch from Bank of Millbrook really made a big impression on us, as our business was built by being on the front line." — John Stefanopoulos



The Stefanopoulos family (L-R) Paul, Billy, Peter, John and George. (Missing — Nick Stefanopoulos)

Over fifty years ago, four Stefanopoulos brothers arrived from Greece with a dream of success and together they built a dynasty of Four Brother's Pizza Inns. The next generation of the Stefanopoulos family followed in their footsteps and realized their own dream of creating a Drive In theater in Amenia, which has become a true destination. When you've been in business as long as the Stefanopoulos family, you understand the value of relationships with people you know and trust.

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MILLBROOK AMENIA PINE PLAINS STANFORDVILLE
MEMBER FDIC

'Adopt-a-garden' in North Canaan

By Riley Klein

NORTH CANAAN — Dwindling membership in the Beautification Committee has prompted officials to seek solutions for maintenance of public gardens.

At a Monday, March 4, meeting of the Board of Selectmen (BOS), First Selectman Brian Ohler announced a new plan to partner with local landscapers to create "live advertisements."

Professionals will be able to adopt town-owned garden beds and will subsequently be responsible for the planting and upkeep of the plots.

Ohler stated, "North Canaan is home to so many talented landscapers and to organizations who continuously ask how they can help out our town. This is how communities come together, to show off just how amazing our small blue-collar town is."

Bunny McGuire of the Beautification Committee said just four volunteers remain actively involved and outside help "would be a godsend."

BOS identified six gar-



PHOTO SUBMITTED

Gardens will be chosen on a first come, first serve basis.

dens around town that will be eligible for adoption.

"It's worth a shot," said Ohler.

Newsletter

In an effort to improve communication between Town Hall and residents, BOS will begin releasing a digital newsletter.

Ohler said the newsletter will be distributed via

email and will include town updates, meeting agendas, "you name it."

It will be distributed through Constant Contact, a service that provides templates, analytics, and mailing list coordination of up

to 2,500 users for a fee of \$45 per month.

Selectman Jesse Bunce presented his draft for the March newsletter, which included information on upcoming events, such as the drone and fireworks show planned for the 60th annual Railroad Days this summer, and a warning about bears waking from hibernation.

Information on how to join the mailing list will be released by the end March.

Appointments

BOS made several appointments to town commissions during the March 4 meeting.

Inland/Wetlands Commission

Matthew Freund
Barry Brown
Robert Jacquier
Michael O'Connor

Recreation Committee

Justin Ellison

Economic Development Commission

Kyle Considine

Salisbury reviews draft budget figures

By Patrick L. Sullivan

SALISBURY — The Board of Finance received initial 2024-25 budget proposals from the Board of Education and the Board of Selectmen in a hybrid (online and in person) meeting Thursday, March 7.

Salisbury Central School Principal Stephanie Magyar led the discussion of the SCS budget proposal, which has a bottom line of \$6,548,357, an increase of \$208,083 (3.28%).

Region One business manager Sam Herrick handled the regional tuition side. That figure is \$4,402,815, an increase of \$226,703 (5.43%).

Magyar said most of the SCS budget proposal involves expenditures that are "beyond our control" such as health insurance and contractual increases:

"There's not a ton of wiggle room."

First Selectman Curtis Rand presented the municipal budget proposal. As it stands now, the total is \$8,622,853, an increase of \$403,023 (4.9%).

The selectmen aren't finished. Rand said that negotiations with Town Hall and town crew employees will begin soon.

But "the trend is around 5%" for an increase in municipal spending, he added.

Comptroller Joe Cleveland said he's not 100% sure, but the increase in spending can probably be handled without increasing the mill rate.

At the Board of Finance meeting Wednesday, March 20, the board will receive final budget proposals and vote to present them at a public hearing Monday, April 22.



PHOTO FROM CORNWALLFIRE.ORG

The new truck will be able to fit inside the firehouse.

Cornwall to bid on new firetruck

By Riley Klein

CORNWALL — Due to the aging fleet in Cornwall Bridge Firehouse, the town is now in the market for a new truck.

Cornwall Volunteer Fire Department's truck committee put together a 67-page list of specifications for its desired truck — one that will meet the needs of the town while still able to fit within the old firehouse garage.

Fire Chief John LaPorta attended a regular Board of Selectmen's (BOS) meeting Tuesday, March 5, to review the spec list.

"The committee went through literally page by page, item by item to make sure that those specifications were what they had wanted," said LaPorta. "There's a lot of work that's been done just to get the thing wrapped up so that it can go out to bid."

First Selectman Gordon Ridgway said BOS intends to start the bidding process within the next month. The estimated cost was reported to be at least \$650,000.

Ridgway added that used trucks would be considered if applicable.

"Apparently it takes several years to build these, so the delivery date is again up in the air," said Ridgway. "Unless we find somebody that has one sitting around exactly like we'd like."

More information will be released from Town Hall as it becomes available.

Retaining wall

In West Cornwall, three separate engineering firms have approved proposals to reconstruct retaining walls. The existing walls were damaged due to heavy rains in the summer of 2023.

For River Road, the new concrete wall is being pre-cast in sections. Installation is expected to begin in "early April or end of March," Ridgway said.

Nearby residents will be given a two-week advance notice before work begins and road closures go into effect.



PHOTO BY PATRICK L. SULLIVAN

St. Patrick's story time

Falls Village First Selectman Dave Barger read "How to Catch a Leprechaun" to a small but intensely interested audience at the David M. Hunt Library Tuesday, March 5.

OBITUARIES

David Andrew Wilcox

AMENIA — David Andrew Wilcox, 60, a thirty-six year resident of Amenia, died March 9, 2024, at St. Vincent's Medical Center in Bridgeport.

Mr. Wilcox had a long career with New York State. He worked as a stationary engineer in the powerhouse on the Wassaic Campus for Taconic Developmental Disabilities Services Office (TDDSO). He retired on Aug. 31, 2018, with thirty-four years of state service. He was also the long-time maintenance man for the Immaculate Conception Church in Amenia.

Born Aug. 16, 1963, in Sharon, he was the son of the late David E. and Margaret (Vincent) Wilcox of Dover Plains. He attended Dover Jr. & Sr. High School. On Nov. 26, 1988, in Dover Plains, he married Susan Parrotte. Mrs. Wilcox survives at home in Amenia.

Mr. Wilcox served his community as a volunteer firefighter for decades. He was a current member of the Amenia Fire Company, a past member and lieutenant of the Wassaic Fire Company and a past member of the J.H. Ketcham Hose Company in Dover Plains. He also served as an assistant coach for Little League Baseball and for the Babe Ruth Baseball League. In his spare

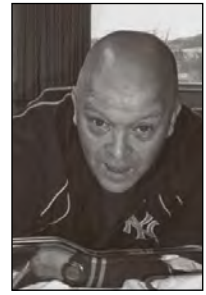
time he enjoyed watching the New York Yankees and NA-

SCAR. He was also an avid hunter and fisherman. He will be dearly missed by his loving wife, his children and his adoring grandchildren.

In addition to his wife, Susan, Mr. Wilcox is survived by three

children; Jonathan Wilcox and his wife Erika of San Antonio, Texas, Shawn Wilcox of Dover Plains and Jessica Wilcox and her companion Devin Cooke of Fernandina Beach, Florida; seven grandchildren, Brooke, Shawn, Jr., Brayden, Abigail, Chase, Penny and Jack who all loved their "Pa" dearly. In addition to his parents, Mr. Wilcox was predeceased by two brothers, Stephen M. Wilcox and Ronald E. Wilcox.

A private graveside service and burial will take place next week at Amenia Island Cemetery in Amenia, NY. Reverend Robert K. Wilson will officiate. Memorial contributions may be made to the Upstate Stroke Foundation, 750 E. Adams St., Syracuse, NY 13210. Arrangements have been entrusted to the Scott D. Conklin Funeral Home, 37 Park Avenue, Millerton, NY 12546. To send an online condolence to the family or to plant a tree in Dave's honor please visit www.conklinfuneralhome.com



For more obituaries, see page A5

Send obituaries to johnc@lakevillejournal.com

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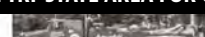
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OBITUARIES

Bobbie C. Palmer

LAKEVILLE — Bobbie C. Palmer, born in Lakeville on Jan. 13, 1948, passed away peacefully on March 4, 2024. He is survived by his loving wife, Marva J. Palmer, son Marc (Sandra) Palmer, daughter Erica (Fleming) Wilson, two grandchildren, Andrew Yost and Ciara Wilson, and two great grandchildren. He was predeceased by his parents Walter and Francis Palmer and four brothers; Henry Palmer, William Palmer, John Palmer and Walter Palmer Jr.



He leaves behind a legacy of love, kindness, and laughter that will be cherished by his family and those closest to him.

Bobbie was selfless and most known for his generosity and sense of humor. His spirit and comedic, joking banter would light up any room. He was a loving and caring soul who sacrificed to give so much for his family — the epitome of what an outstanding father, grandfather and husband is.

He was dedicated and served our country in the

U.S. Air Force. He was smart and worked as an analyst at Travelers Insurance for almost 40 years. He also spent a lot of time giving back to help others — from volunteering, teaching adults to read and helping his neighbors. Bobbie also loved to travel and had a passion for being outdoors — barbecuing, gardening, long walks or simply sitting outside taking in nature. One could also find Bobbie glued to the television watching a NY Giants game or NASCAR racing. He thoroughly enjoyed watching both.

If you knew Bobbie and wanted to honor his life — remember life is short. Tomorrow is not promised. If there is something you want to do or see, do it! Be kind and give back. If you have it to give... give it! Love hard, laugh often!

A funeral service will be held at Newkirk-Palmer Funeral Home, 118 Main St., Canaan, CT at 11 a.m. Friday, March 15. The interment ceremony afterward will be with family.

James Rockwell Sheffield III

WESTMORELAND, N.H. — James “Jamie” Sheffield, 55, of Westmoreland, New Hampshire, passed away on Valentine’s Day after battling heart complications and surgeries beginning on Thanksgiving Day 2023.



Jamie was a writer and an educator who had a deep love for the natural world. Born and raised in New York City, he spent his summers and most of his life in the Adirondacks. A graduate of St. Lawrence University, Syracuse University, and Goddard College, he spent 18 years working at Lake Placid Middle/High School. In 2016, Jamie and his wife, Gail Gibson Sheffield, relocated to New Hampshire where he focused on his writing and worked as an academic advisor at Landmark College in Vermont.

Jamie published his first novel in 2013, “Here Be Monsters: A Tyler Cunningham Adirondack Mystery.” The book received the 2013 Adirondack Literary Award for best fiction novel and launched his Smart Pig publishing house. Jamie went on to write four novels and several shorts in the Tyler Cunningham series. After earning his MFA in writing, he published two more collections of shorts, a mystery novel based in New Hampshire, and a series of children’s books featuring various members of his tortoise creep. He also published stories in various collections, several magazine articles, online forum pieces and documented his life through essays published in his Adirondack Diary blog, adirondackdiary.blogspot.com, his author’s website, www.jamiesheffield.com, and his writers’ group site on Facebook.

An avid hobbyist, Jamie immersed himself in a variety of different interests that started as online communities and grew into face-to-face friendships. First in his heart was his son Benjamin. Jamie was dedicated to showing his son the world and passing on his own curiosity and fascination with

this planet. The two of them traveled all over the world together sharing their love for discovery, cooking, the environment, and animals. Jamie adopted and loved many animals throughout his life and made it possible for other animals to find their forever homes. He felt humans had a promise to keep with the animals in our world... they bring us comfort and dedication... we owe them the best possible life.

Jamie is survived by his wife of twenty-six years, Gail Gibson Sheffield, his son Benjamin Gibson Sheffield, his parents Jill and James Sheffield of Cornwall, his sister Sarah Tod Sheffield of Brooklyn, and his “brother” William Bradley Peebles and his partner Lucio Gonzalez of New York City, as well as his surviving animals, Olive, Bowie, and the tortoise creep.

The family is planning a celebration of Jamie’s life on June 1 in Lake Placid, New York. In lieu of flowers, the family asks folks to support, in Jamie’s name, either the Tri-Lakes Humane Society of Saranac Lake, NY, or the humane society of their choice.

NORTH CANAAN — Inez (Delaini) Godburn passed away peacefully on March 4, 2024, at Geer Nursing Home after a brief illness, with her family at her side. She was 101.

Inez was the widow of John E. (“Jack”) Godburn, Sr., who died in 2009.

Her family was her life. Inez had seven brothers and sisters, 10 children, 15 grandchildren and 10 great-grandchildren.

Inez’s parents were born in Italy, her father Domenico in 1871 and her mother Genoveffa (Perotti) in 1884. They came to America through Ellis Island in the early 1900s, settling in Lime Rock.

The youngest in her family, Inez was born Dec. 2, 1922, in East Canaan. Her older brothers and sisters, Egilio (Gene), Lena, Louise, Italo, Enrico, Andrew and Mary, all predeceased her.

As a child, Inez attended the East Canaan school on Rte. 44 at Furnace Hill Road. She always remembered the unplowed winter roads of the 1920s and 1930s and how the children would hope for tire or wagon tracks in the snow

to assist their long, cold walk to school. She also attended Canaan Center School.

In the 1940s, Inez worked at The Conley Inn in Torrington (later The Yankee Pedlar). She also worked in later years at Johnny’s and Charlie’s restaurants in Canaan, and at the Colonial Theater.

Renowned as a cook, Inez learned from her mother how to make many dishes from scratch. She recalled how her mother would behead, pluck, stuff, roast and baste a chicken every week for Sunday dinner.

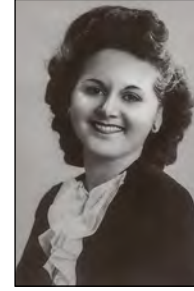
Inez made wonderful lasagna, gnocchi, ravioli, stews, roasts, soups, salads, breads, Yorkshire Puddings and much else. Mealtimes were ample and memorable. Her spaghetti sauce was so popular it was marketed. Mangia bene!

When her children were growing up on West Main Street in North Canaan in the 1950s and 1960s, Inez and Jack were very involved in their school activities,

and Jack was scoutmaster of Troop 22. The backyard pool was a beacon for neighborhood kids, and there were many picnics. Later the family lived in East Canaan near Inez’s childhood home where they had fruit trees, grapes, greenhouses and a fledgling flower business, and later a florist shop in Canaan.

With the kids grown, Inez made a long-planned trip to Italy with her eldest child, Michele, where she visited Rome and Venice and met Delaini relatives. She was predeceased by Michele and her grandson Scott, both of Havelock, North Carolina.

Inez is survived by nine children: Joseph and his wife, Sandy, of Plainville; John, Jr., and his wife, Claudia, of Torrington; Mark of Norfolk; David and his wife, Jill, of North Canaan; Michael and his wife, Gale, of Torrington; Kevin of North



John A. Dorizzi

FALLS VILLAGE — John A. Dorizzi, 89, of Falls Village, died March 3, 2024, at the Sharon Hospital. John was born in Canaan on Jan. 4, 1935, son of the late Emil and Marie (Visini) Dorizzi.

John graduated from Housatonic Valley Regional High School in Falls Village. Shortly after that, he enlisted in the U.S. Army in 1955. He served at Fort Dix in New Jersey, then on to Fort Jackson in South Carolina. From there it was on to Jump Training at Fort Benning in Georgia and finally to Special Forces training at Fort Bragg in North Carolina. John made about 39 active jumps. While serving with the Green Berets he held the rank of Specialist 5th Class which is equivalent to a Staff Sergeant. He was honorably discharged in 1958, but continued in the Army Reserves until he was honorably discharged from the reserves on May 31, 1962.

Upon returning to Falls Village, John became a well-known and accomplished carpenter. He pursued that trade for 20 years. After that, he began a new career at the former El-Hamal Arabian Horse Farm in Salisbury. On the farm he built barns, indoor arenas, and any other project that may have been

needed. He spent another 20 years at the farm. After that, he worked with his family’s business, Wright One Landscaping until he retired. John maintained his love of woodworking and gardening throughout his life. He was able to look at a picture of a project and reproduce it exactly as it looked in the photograph.

John is survived by his longtime companion Maryann Betti with whom he lived, several nieces and nephews as well as his brother Robert Mallory and his wife Pat of New Hartford. He is also survived by his sister-in-law Donna Mallory of Canaan. John was one of seven children.

Graveside service with full military honors will be held Saturday, March 16, 2024, at 11 a.m. at Lower City Cemetery, Undermountain Rd. Falls Village, CT 06031.

There are no calling hours. Memorial donations may be made to either the Sharon Health Care Center, 27 Hospital Hill Road, Sharon, CT 06069, or Noble Horizons, 17 Cobble Road, Salisbury, CT 06068. Arrangements are under the care of the Newkirk-Palmer Funeral Home, 118 Main St., Canaan, CT 06018.

For more obituaries, see page A4

Salisbury Band Begins its 96th Season

SALISBURY — The Salisbury Band is beginning its 96th consecutive season of spirited music-making with Monday night rehearsals in the Wardell Room of the Scoville Library in Salisbury. The first rehearsal is Monday, March 18, from 7 to 9 p.m. and weekly thereafter.

Conductor Brian Viets

is in his third year leading the Band. “We’re looking forward to another great summer of concerts, and we always welcome new members.”

Players of all wind, brass and percussion instruments are needed and invited. The instruments include flute/piccolo, clarinet, saxophone,

trumpet, trombone, French horn, tuba, euphonium/baritone and percussion.

There are some instruments available to lend to members. Anyone interested in playing in the Salisbury Band may contact Brian Viets at 860-307-2101 or Lee Collins at 860-435-0051.

Inez Godburn



Worship Services

Week of March 17, 2023

Call ahead or visit websites for updates on remote or in-person services.

Christ Church Episcopal in Sharon
9 South Main, Sharon CT
Sunday Holy Eucharist at 9:00 A.M.
Transitioning through prayer
All welcome to join us
860-364-5260
www.christchurchsharon.org

St. John's Episcopal Church
12 Main Street, Salisbury, CT
Rev. Paul Christopherson
SUNDAY SERVICE
10:00 a.m. Eucharist with music (Rite II)
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www.stjohnssalisbury.org
860-435-9290

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The Lakeville United Methodist Church
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9:15 a.m. Sunday School
“Open Hearts - Open Minds - Open Doors”
The Rev. Dr. Anna C. Camphouse
860-435-9496
Lakevillemethodist@snet.net

The Sharon United Methodist Church
112 Upper Main Street, North End of Sharon Green
Touching Lives - Lifting Spirits
10:30 a.m. Worship Service, Nursery Care
No Sunday School in Summer
The Rev. Dr. Anna C. Camphouse
860-435-5634
sharonumc5634@att.net

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Canaan; Deborah of Richlands, North Carolina; Donna and her husband, Joe, of East Longmeadow, Massachusetts; and Brian and his wife, Eileen, of Oakdale.

The funeral was held Saturday, March 9, at St. Joseph’s Church in North Canaan, where Inez was a lifelong communicant, and where she volunteered with fundraising and the church’s annual summer barbecue well into her 90s.

Burial followed in the Delaini family plot at St. Mary’s Cemetery in Salisbury. Newkirk-Palmer Funeral Home in North Canaan was in charge of arrangements.

A reception catered by Freund’s Farm was held at the Bitterman Center in North Canaan.

The family wishes to thank the nursing staff and aides on Harmony Lane (3rd floor) at Geer, the Visiting Nurse & Hospice of Litchfield County, and St. Joseph’s Church. Donations in lieu of flowers may be made to any of these groups in Inez’s name.

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Unitarian Fellowship of NW CT
Cobble Living Room, Noble Horizons
The next meeting will be Sunday, April 14 at 10:30 a.m.
For information, contact Jo Loi at jokialoi@gmail.com
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How The Weekly Portion Relates to Me!
Thursday 11:30 AM - Women’s Tea & Torah
Saturday 9:30 AM - Shabbat Services
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St. Joseph, 4 Main Street, Canaan
St. Mary, 76 Sharon Road, Lakeville
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Sunday 9 am, Church of St. Mary
Sunday 11 a.m., Immaculate Conception Church
DAILY MASS SCHEDULE
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Thursday 8am
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EDITORIAL
Journalism interns

The pay is low. Job stability is not a guarantee. You'll have to expect that a large segment of the population will harbor distrust of your work. These upfront conditions would drive off most young job candidates, but not aspiring young journalists.

Here we are at the advent of spring, and again this year, The Lakeville Journal and The Millerton News are receiving inquiries from high school and college students eager to work as summer interns alongside our reporters and editors. Last year both papers benefited from hosting interns who ranged from rising seniors in high school to rising seniors in college. We learned from them as they learned from us. It was harmonious and fruitful and fun for all of us, and we celebrated with pizza when the summer was over. Some of them applied to college, others to journalism graduate school to further their education.

The 2024 summer intern season is shaping up with even more interest among students. In the interview process we always ask why they want to work for a newspaper covering local, community events. One interested student attending Boston University, who is from Millbrook, said that he wanted to be witness to history. We were immediately impressed, recognizing the right stuff in this candidate.

Working on the staff of an independent community newspaper provides for direct connection with one's immediate world. It is not a homogenized form of journalism, directed by absentee owners or fabricated via aggregator technologies. It is not an abstract exercise. And when you make a mistake — we're all human — you know it.

The power of journalism to validate a community's life in its countless facets becomes evident by the mere telling of the story.

Leila Hawken's story last week about the work of the SharonConnect Task Force stands as an excellent showcase for independent community journalism. Hawken has covered the years-long project from the start, with its beginning survey, through planning and now almost completed execution. Her story stands as an ideal for community journalism, detailing the many roles played by volunteers, town officials and Comcast and construction crews to get the job done, including as well what residents of the new high-speed internet access have to say about their enhanced digital connection. Anyone wishing to be witness to the rollout of this vital community project, fueled by community activism, needs only to follow Leila Hawken's reporting.

Some students seeking internships with us are pursuing journalism as a major, but not all of them. Often they say they began to think about journalism after taking a writing course — not a standard English course — and because they liked it so much, they began to consider journalism. At the high school level, studies have shown that exposure to journalism has these benefits: higher GPAs, higher scores on college entrance exams, and stronger writing and grammar skills in college.

A journalism education as a prerequisite for the job has been debated over the decades. But experience on the job, and learning firsthand from someone "doing it" continues to be an invaluable learning experience for our career-conscious interns.

Among journalists as a whole, despite the low pay and turbulent times for job security and not to forget threats to press freedom, three out of four journalists say they would choose their career all over again. In a 2022 survey by the Pew Research Center of nearly 12,000 working, U.S.-based journalists, the conclusion was that despite the turmoil in the field over past decades, they continue to report satisfaction and fulfillment in their jobs. Reminds us of the old saw: Love what you do.

We'll share more about our 2024 interns in coming weeks — in our words and their own.

Revisiting a 'banned book' that's still in my bookcase

Several weeks ago you had an article on banned books. As someone who would rather be reading than anything else, it is something that concerns me.

I'm not interested in the books you mentioned, but I have D. H. Lawrence's "Lady Chatterley's Lover" in my bookcase and decided to look at it again.

I have a paperback edition from Bantam Books printed in 1987 that is "The Complete and Unexpurgated 1928 Orioli Edition" copy of the original edition. There is an explanation by the author in the back. He wrote the novel three times before he was done. He died shortly after at age 44.

I don't remember what I thought about the book when I first read it, but now I wonder what the fuss was about. The Chatterleys are an upper class couple in England. The gamekeeper, the secret lover of Lady Chatterley, isn't anyone to write home about.

I read mysteries by E. M. Forster who wrote about the English around the same time as D. H. Lawrence. Forster didn't use vulgar language. I don't speak the four-letter words that Lawrence uses, but I don't worry about them.

I wonder if Lady Chatterley is still being read?

Carolyn McDonough
Canaan

LETTERS TO THE EDITOR

Nuvance is sabotaging the maternity unit at Sharon Hospital

Nuvance is creating conditions at Sharon Hospital that are intended to lead to the closure of its Maternity Unit, in violation of the Ct. Office of Health Strategy's Final Decision, issued on Feb. 5, 2024, which ordered Nuvance to keep the maternity unit open. More specifically, Nuvance has caused pediatric coverage, which is needed to support them aternity unit, to be almost impossible to maintain. This is an easy problem for Nuvance to solve. Instead of

cutting the compensation of pediatricians, as it has done, causing them to leave Sharon Hospital, it could maintain their compensation at its prior rate (or increase it to match that of other Connecticut hospitals).

The matter is urgent, and the time to act is now. Nuvance must not be permitted to degrade Sharon Hospital's Maternity Unit. Please contact our local, state, and federal representatives to demand that Nuvance's destructive behavior

be stopped:

Connecticut Gov. Ned Lamont — www.portal.ct.gov/Office-of-the-Governor/Contact/Email-Governor-Lamont

U.S. Sen. Chris Murphy — www.murphy.senate.gov/contact

U.S. Sen. Richard Blumenthal — www.blumenthal.senate.gov/contact/write-to-senator-blumenthal

U.S. Rep. Jahana Hayes — hayes.house.gov/email-me

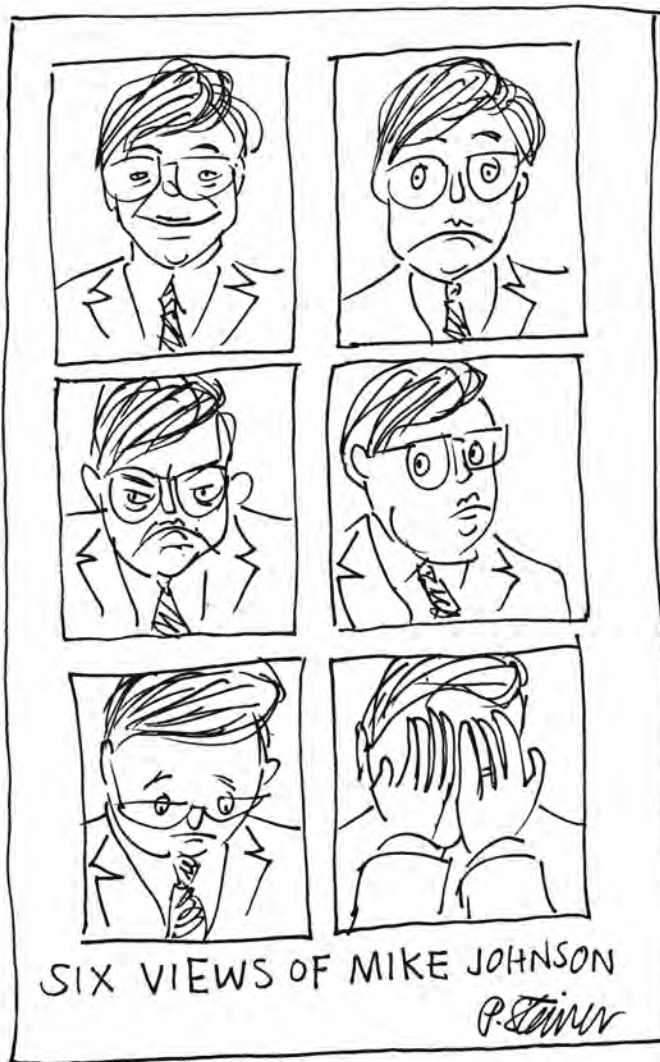
Connecticut OHS Director Dr. Deidre Gifford —

Tide Roll Out

Alabama is a failed state
Their Supreme Court I would not rate
Let's kick them out of our union
And take them to court and sue them.

Michael Kahler
Lakeville

Deadline for letters is Monday at 10 a.m.
Send to publisher@lakevillejournal.com.



Quoting Gloria Gaynor, 'I Will Survive'

Remember when your only doctor was your pediatrician, whom you remember fondly (Dr. Buchman in Hartsdale), or dentist (my best friend Beth's Uncle Sol in those pre-fluoride days of cavities).

As young adults, we added an ophthalmologist — we wore glasses and then contact lenses (and in my case, back to glasses once COVID-19 started) — but that was pretty much it. Medications were uncommon, other than birth control pills for women and an occasional aspirin; my medicine cabinet held mostly makeup and perfume.

How all that has changed. Most of my peers have added, at a minimum, a cardiologist and dermatologist and orthopedic surgeon (our knees and hips betrayed us). We find local doctors whom we like to say "are good as New York City doctors," (though many folks still go into the City only to see their doctor).

My primary physician is a concierge doctor in New York City, available by text 24/7, which is invaluable, but otherwise I have gradually transitioned to local doctors, and in fact, very successfully had a stent inserted at Vassar Hospital.

Regrettably, post-COVID, it seems doctors are forced to see a different patient every 15 minutes. It's frustrating and infuriating and I leave forgetting to ask half my questions, so I've adjusted to seeing (and befriending) the nurse or PA, who have become the doctor's alter ego.

Via versions with friends seem to center around whom we see, how to get an appointment before six months or even which of a doctor's four offices to go to. Most of us are on Medicare, which I find easier than any corpo-

RETIREMENT —WHAT NOW
BY GWEN GREENE

rate plan I've ever had, and I see it as one of the "perks" of aging. I admittedly put my late husband on it while I stayed on my corporate plan — just to test the waters — and after he had a few doctor visits where he simply walked out the door afterwards, I couldn't wait to sign up.

Then there are the meds — somehow I now take six prescription medicines and six more supplemental pills — and my doctor insists they are all essential. I'm not sure about that, but as he points out, I seem to be feeling great and am asymptomatic, so why mess it up? Then of course, there are the "situational" ones, the antibiotics and the nasal sprays, the cough and sore throat medicines, maybe a steroid or an antihistamine, and the omnipresent COVID tests — by now I could probably compete with CVS.

One annoying byproduct of the above has become the need to now travel with an entire bag of toiletries, from Band-Aids to antibiotic cream, from Paxlovid to Immodium, from sunblock — remember those days of iodine and baby oil, and often a reflector for good measure? — to Aquaphor, and from vitamin E oil to a moisturizer for each separate part of the body. Better to be safe ...

I must touch on therapy — not physical therapy, although that's now part of life, but psychologists and psychiatrists. After college, living in New York City, my recollection is that everyone was in therapy, and

I remember I wouldn't date a fellow who wasn't — not highly evolved enough for me. I remember by the end of my very brief first marriage, my husband and I were each in therapy AND we had couples' therapy. The marriage ended anyway because the whole point of therapy is to figure out what's best for YOU, and in our case, divorce was the correct answer. I'm still a devotee of getting help whenever needed, someone who can be objective and whose advice isn't clouded by a shared history, and I have found someone

up here I see for "tuneups" whenever I feel the need.

I fully accept the fact that aging hasn't given me all the answers, but instead has presented me with all new questions. I hope to cover many of the issues we are all dealing with in subsequent columns, and if you have anything you want to share, please feel free to contact me at gwen@millertonnews.com

Gwen lives in Pine Plains with her partner, Dennis; her puppy, Charlie; and two Angus cows, who are also retired.

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Our goal is to report the news of our communities accurately and fairly, and to foster the free flow of information and opinion.

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Viewpoint

Make pregnancy safe again

Perhaps the abortion issue could be framed another way: Could we not say: Make pregnancy safe again? Better, perhaps, than abortion is healthcare, which must be explained.

Besides, abortion connotes an end of something while a safe pregnancy does the opposite by implying a life to come. Does it cover every need? No, but it applies to all women and their families.

In any pregnancy a lot can go wrong, from chromosome anomalies to heart defects to several thousand inborn errors of metabolism. Consider one of the most important causes of fetal failure and danger to the mother — ectopic pregnancies. In 2022 there were 3,661,220 babies born in the United States. Ectopic pregnancies occur in about 70,000 women a year, or 2% of pregnancies, according to The March of Dimes. None of these embryos survive.

An ectopic pregnancy occurs when an embryo implants in a fallopian tube or elsewhere, burrows into the tissue, attaches to an artery, and often causes a hemorrhage. Normally, an embryo burrows into the lining of the uterus, which is gloriously set up not to bleed, but to nurture, and to supply oxygen and to remove CO₂. We teach medical students with microscope slides and models and have them reconstruct what happens over nine months. It is topologically challenging to envisage and yet so astonishing that over 30 years of teaching, that has been my favorite lab exercise.

Ectopic pregnancy is the leading cause of maternal death in the first trimester, especially in underserved communities. Most ectopic embryos or other anomalies are found by ultrasound and disrupted with a drug inhibitor or surgery usually before three months. There

THE BODY
SCIENTIFICBY RICHARD KESSIN,
PHD

are many reasons that a pregnancy may be in trouble — the absence of a skull, in a recent example, or the failure of an organ to develop. Often the definition of viability is a heartbeat, which prevents intervention in some states. It is an archaic measure. Hearts beat when a fetus cannot survive. It is cruel to send a woman to her car to wait for the fetal heart to stop before terminating the pregnancy. (Did the hospital not have a bed?)

Ectopic pregnancy is the leading cause of maternal death in the first trimester, especially in underserved communities.

There is no reason to risk a woman's life or fertility, or to make orphans of her children. Is it necessary for a hospital to hire liability lawyers to decide when a woman can be treated? Why cause her physicians the despair of losing their patient? They are sworn to do otherwise. Many will decide to practice elsewhere, making the problem worse.

Many know the story of Kate Cox, the Texas woman who was pregnant with her third child who had an extra chromosome 18. This syndrome, Trisomy 18, is well studied and is lethal to the baby shortly after birth; it sometimes results in rupture of the mother's uterus and then hysterectomy. One would think that the Texas

Medical Board would have defined exceptions before Texas passed their law, but they did not. The Texas Supreme Court rejected a lower court's permission to end the pregnancy, on the grounds that Cox could not prove that a birth would harm her. They did, bless them, urge the Texas Medical Board to hurry up, which means defining thousands of different conditions. According to the report I read, Attorney General Ken Paxton felt it necessary to call Ms. Cox's physician and warn her of the consequences if she helped Ms. Cox. She could lose her license, be fined \$100,000, and spend the rest of her life in jail. Ms. Cox was at the president's State of the Union address not only as a heroine, but as a voice of good sense.

What is to happen to the Ken Paxtons of the world? The story reminded me of Skipper Ireson, a whaling captain from Marblehead Massachusetts. I went to high school in New Hampshire, where we read "Skipper Ireson's Ride" by John Greenleaf Whittier. Skipper Ireson went to sea and managed to wreck his ship and then sail away in a small boat, leaving his crew on deck. All the men drowned, leaving wives and families in poverty. When he returned to Marblehead, he was run out of town in a cart, "Tarred and feathered by the women of Marblehead," in Whittier's phrase.

There are now 20 women and two providers suing the State of Texas. Their numbers will grow. I am not sure that they are bringing tar, but they are not going to put up with Ken Paxton.

Richard Kessin is Emeritus Professor of Pathology and Cell Biology at the Columbia University Irving Medical Center. Email: Richard.Kessin@gmail.com.



PHOTO CREDIT: NORTHEAST WILDERNESS TRUST

Connecticut needs both wildlands & woodlands — not one or the other

We live in uncertain times. As we face the twin crises of climate change and extinction — and their relationship to human well-being — the importance of forests continues to take center stage in public discourse.

Recent commentaries on the topic across Connecticut point to a wide range of views. Some discuss the irreplaceable value of leaving parts of the landscape unmanaged as wildlands. Others explain how important and necessary forestry practices are and the industry that enacts them. Together, these perspectives form a holistic approach to protecting and managing New England forests, which is the approach taken by Wildlands, Woodlands, Farmlands, & Communities (WWF&C) — an initiative my organization participates in.

To mitigate climate change, reverse the extinction crisis, and chart a resilient path forward for people, when it comes to forests, New Englanders ought to consider an "all of the above the strategy" that includes far more wildlands than exist today and managed woodlands to support local jobs and produce local products. How to balance those complementary uses ought to be the aim of our energies.

Over the past five years, I have co-presented with Bob Perschel, the executive director of New England Forestry Foundation, in an attempt to bridge divides and find common ground. What has emerged from those con-

CT MIRROR/
VIEWPOINTS

BY JON LEIBOWITZ

versations?

Perschel and I agree that what is needed most across Connecticut and New England is to stop losing forestland to development and that the correct approach in stemming forest loss embraces a meaningful increase in permanently protected wildlands alongside well-managed woodlands. We need both.

Perschel and I also agree that wildlands can't produce the needed timber products our society depends on and that managed woodlands can't produce all of the ecological, climatic and spiritual values of wildlands. Again, we need both.

One recent commentary on the topic by Joseph Orefice makes the argument that "Connecticut forests must be centered on advancing multiple-use forest management" but then calls it reckless to permanently protect forests as wild and unmanaged. While I agree with most of what Orefice says in his commentary, in the spirit of advocating for a wildlands and woodlands strategy, two points that he makes require further inspection.

First, Orefice claims that "taking human intervention out of the equation now would be unprecedented and reckless." Far from unprecedented, there is great precedent across the Northeast for landscape-scale, permanent wildlands protection — just not in Connecticut. As one example, in New York's Adirondack and Catskill parks, nearly 3 million acres have been constitutionally protected as forever-wild, much of that for over a century.

Far from reckless, the Adirondack Park is a globally notable example of what largescale forever-wild protection actually can do for carbon storage, biodiversity protection, soul-nourishment, and a robust outdoor recreation-based economy. Meanwhile, while lagging far behind New York, in New England, more than 100 organizations and state, federal and municipal agencies have already designated more than 1 million acres of permanently protected wildlands.

Second, Orefice goes on to state, "In fact, this has been

termed 'The Illusion of Preservation' by scientists." This misstates the premise of the study by Mary M. Berlik, David B. Kittredge and David R. Foster of Harvard. It actually calls for a multi-pronged strategy that includes permanently protected wildlands and wise management of woodlands. Indeed, Strategy 3 of the report "Increase Protection of Forested Areas" seeks to "provide opportunities for natural ecological patterns and processes that are unimpeded by human influence." What is more, the scientists referenced by Orefice went on to form the aforementioned WWF&C Initiative that calls for the permanent protection of at least 10% of New England as permanently protected wildlands.

As a complementary strategy to protecting actively managed forests and farmlands, there are many reasons to protect Wildlands. Allowing more forests to grow old, without intervention, is the lowest-cost option for increasing carbon storage and increasing overall biodiversity on the landscape. Wildlands also contribute to a resilient landscape — they offer quiet places for reflection, and they serve as baselines and reference points for foresters and land managers.

Today less than 1% of Connecticut is currently conserved as wildlands. Across all of New England, it's just 3.3%. Realizing the goal of 10% of New England's landscape as permanently protected wildland will require at least 2.7 million more acres being set aside from logging. Critically, we must achieve that goal while embracing the benefits that accrue from forest management and working together with the forestry industry.

The discourse surrounding forest management often finds itself entrenched in dichotomies between wildlands and woodlands. The optimal approach lies not in favoring one over the other, but rather in recognizing the intrinsic value of wildlands and the practical value of woodlands — and striving for a far better balance than exists today.

Jon Leibowitz is the executive director of Northeast Wilderness Trust.

The Journal occasionally will offer articles from CT Mirror.org, a source of nonprofit journalism and a partner with The Lakeville Journal.

TURNING BACK THE PAGES

NORMA BOSWORTH

100 years ago —
March 1924

Fay Chaffee of Lime Rock cut his hand quite badly.

A robin now and then has been reported, but as yet no blue birds. Wednesday marked the 36th anniversary of the big blizzard of '88, which will be remembered by our elder citizens as a storm which established a record for this part of the country which has never been beaten in point of severity.

L. Hunter of Lime Rock is shingling his house.

Thus far March has been living up to its bad reputation.

Mr. and Mrs. Dwight Cowles were in New Haven last Saturday, where Dwight went to a Dental specialist for the removal of an extraordinarily difficult tooth. The removal of the troublesome member was practically a surgical operation and Dwight has been confined to the house for the past few days on that account. He is now practically himself again.

Mrs. Eugene Frink has moved to Falls Village.

Willard Weeks of Milton, Conn. expects soon to take

the position at Rose Hill Farm to be left vacant by Edwin J. Baldwin, who expects to be employed on the state road near Lime Rock.

A disease known as dog bronchitis is quite prevalent among the canines. "Dog-gone it," cannot something be done to cur-tail the ailment.

William Rosseter is driving a good looking pair of black horses which he recently purchased.

Those who have had occasion to dig in the earth say that the frost has penetrated in some places to a depth of about four feet. Rather surprising in consideration of the mild winter.

50 years ago —
March 1974

In spite of no real change in the gasoline crisis this month in the Tri-State area, gasoline dealers report one new phenomenon — smaller gas lines than have been in evidence in previous months. One station owner, David Delinsky of Sandmeyer Oil Company, owner of the Cornwall Bridge Texaco, attributed the smaller gas lines to a decrease in "panic buying" by gas-hungry customers.

Sunday, March 10, was

the official "ice out" for Lake Wononscopomuc, Lakeville's veteran "ice man," George P. Milmine, reported this week. The date for the disappearance of the ice on Connecticut's deepest lake was the second earliest on record, an "ice out" on March 3 having been recorded in 1954.

Matthew Freund won first place in the Housatonic Valley FFA chapter annual public speaking contest on March 8. His topic was "Dairy Farming, A Vanishing Trade?" Second place was Lynn Pollard with "How to Make a Project Into a Career." These two students will represent the Housatonic Valley chapter in the District Contest on March 25.

George Schaefer Sr., who has been associated with Decker and Beebe, a Canaan plumbing business, for the past 40 years, retired from the firm on March 1. Mr. Schaefer's position was taken over by Ed Ustico who purchased a share of the business.

25 years ago —
March 1999

Are Lara Mittaud and Dathalinn O'Dea twins who were separated at birth? One might think so. They have taken almost all the same classes for four years, they share the same extracurric-

ular activities and they are good friends. Last week, as the 1999 valedictorian and salutatorian at Housatonic Valley Regional High School were announced, the two seniors found themselves together again. This time, it's on top. Ms. Mittaud was named number one in this year's graduating class and Ms. O'Dea came in second.

John Considine has reported this week that Considine Properties LLC plans to close on the purchase of the Canfield Building in Canaan any day now and has already begun work to renovate the structure. The three-story Main Street building that looms large and dilapidated and dominates the view as one heads down Route 7 into the center of town is well past its prime. Years of neglect have taken their toll on what was once a splendid structure, to the point that an oft-heard opinion is that it should simply be torn down. Mr. Considine has heard those comments, but believes that the Canfield is worth reviving and can again be an asset to Canaan.

These items were taken from The Lakeville Journal archives at Salisbury's Scoville Memorial Library, keeping the original wording intact as possible.



Realtor® at Large

The CT Mirror has an excellent lead article about the issues regarding the fact that CT has roughly 4,800 dams across the state. They all vary in size and many were built in the 1800's for agriculture or industrial use, for example textile manufacturing. With climate change, many are under stress from the increased water flow due to the recent historic rains, so many are at risk in breaching. The article gives both the history of the dams and explores their complex issues which involves environmental, energy and hazardous waste concerns, so it is well worth the read to become educated on this topic. The link can be found at: ctmirror.org/2024/03/10/ct-dam-flooding-fitchville-pond



JOHN HARNEY
Associate Broker with
William Pitt Sotheby's
International Realty
Office: 19 Main Street,
Salisbury, CT 06068
Email: jharney@wpsir.com
Cell: 860-921-7910
Instagram: @johnharneyjr

ADVERTISEMENT

Our Towns

New business brings unique classic car experience

By Lynn Worthington
Kent Good Times Dispatch

KENT – Area residents seeking to find custom-built classic cars won't have to leave the town's borders, thanks to a new business, MOTORIOT, that opened in February on Bridge Street.

For co-founder Jason Doornick, the opportunity to locate a showroom in Kent is coming home. He spent his formative years from age 11 to 17 living here, and his mom still lives in North Kent.

"We chose Kent because it was a familiar territory and the demographic I felt was very fitting for the kind of business I wanted to run," Doornick said Feb. 17. "I knew that my personality as being a disruptor would kind of shake things up in Kent, which I feel like it needed."

He further explained that he views Kent as a "conformist town," and he wants to add a little bit of spice to the community.

"I think there are more opportunities here that people would love to have," Doornick said, explaining he thinks services such as a car wash in town and a 24-hour automotive help service are future options he'd like to explore, as well as free repairs for single parents who can't afford car repairs.

"So, when I say 'disruptor,' I want people to have a reaction to our business instead



MOTORIOT co-founder Jason Doornick stands in the showroom of the new business surrounded by some of the customized classic cars for sale.

PHOTO BY LYNN MELLIS WORTHINGTON

of just being like, 'Oh, it's another car place,'" he said.

Doornick said his goal is for people to have an individualized experience that serves customers' needs and ultimately creates a culture.

The business is located at 21 Bridge St. at the front of the building. Iron Horse Customs is still at the same address in the rear.

Walking into the showroom, a visitor sees many Land Rovers as well as other

vintage vehicles.

After Doornick left Kent, he spent quite a bit of time in Europe as an adult and he observed used Land Rovers that could be purchased from \$5,000 to \$10,000, and being customized and sold for as much as \$400,000.

He realized it was a business opportunity he could take advantage of and, for five years, he has successfully imported and transformed these vehicles.

Anyone interested in a customized original Land Rover Series from MOTORIOT can expect to spend from \$30,000 to \$45,000. The Land Rover Defender Series is offered from \$60,000 to \$140,000.

Land Rovers were Doornick's first focus, but now the business has expanded to many other vehicles, including transforming combustion engines into electric vehicles.

MOTORIOT has one other U.S. showroom — in Stamford — and four located internationally in Spain and Ecuador, with another planned in Colombia.

"We are incredibly excited to bring MOTORIOT to Kent," said Charles Narwold, the company's co-founder. "This move represents a significant step in our growth and our commitment to offering our clients a unique experience in classic car res-

toration and customization."

Classic cars are legally defined as 25 years old but Doornick said he personally starts the vintage clock at 30 years.

"MOTORIOT's story is one of continued adventure and a deep appreciation for automotive heritage," Doornick said.

The business sources vehicles from all over the world and takes care of all the important details, creating a custom design with the new owner and then implement the build.

Kent Chamber of Commerce President Phil Fox said Feb. 20 that the chamber officers are glad to have MOTORIOT join the Kent business community.

"We are thrilled to welcome MOTORIOT into the Kent community as one of our newest businesses," Fox said. "They bring an exciting niche into our business community here with specialty custom-built vehicles, and already completed amazing vehicles for sale."

"Specializing in Land Rover vehicles and hard-to-find custom vehicles, they add to our existing automotive mechanical repair shops and our enthusiast automotive retail shops rounding out our automotive community here," he said.

Fox said he anticipates that the business will attract many automotive enthusiasts from neighboring towns.

Selectmen join in support for Trails Grant application

By Leila Hawken

KENT — Following a presentation by the Northwest Connecticut Land Conservancy (NCLC), the Board of Selectmen voted unanimously to support a grant application by the NCLC at its regular meeting on Wednesday, Feb. 28.

Representing the NCLC was Maria Grace, director of stewardship for the Kent-based organization. She sought a letter of support from the town to be submitted with an application for a Trails Grant, available through the state Department of Energy and Environmental Protection.

Three nature preserves are located in Kent, Grace reported, with 34 total na-

ture preserves found in seven towns in the Northwest Corner.

The purpose of the grant will be to devise a plan for long-term sustainability and to assess improvements that might include reaching out to a wider range of potential trail-users such as mountain bikers or equestrian groups.

"We want to create a replicable planning document to help other groups," Grace said, adding that expressions of community support from member towns are important.

Towns that have provided letters so far include New Milford, Sherman, Sharon, Litchfield and Torrington. In addition, the Falls Village Land Trust has signed a letter.

"We're hoping the plans to be developed will lead to implementation," Grace said.

First Selectman Marty Lindenmayer said, "It's needed; it's a great opportunity."

Internet expansion
Beginning what will be a long process that could extend broadband access to all residences and businesses in the town, a broadband subcommittee is coming together, reporting to the Board of Selectmen.

The selectmen approved an appropriation to the committee of up to \$800, beginning the process of surveying the town's residents with a questionnaire to measure their interest and need for stronger connectivity and adequate internet access.

FVVFD to host training session April 20

FALLS VILLAGE — The Falls Village Volunteer Fire Department will host a nationally recognized speaker Saturday, April 20, at 10 a.m. at the Emergency Services Center.

Laura Billon is an expert on fire and arson investigation and will speak to first responders and citizens about youth-set fires and forensic science, citing several case

studies and examples. Billon is a certified fire investigator in the state of California with over 25 years in the fire service.

The two-hour presentation will be followed by an informal question-and-answer period and refreshments. This event is part of the 100th anniversary of the Falls Village Volunteer Fire Department.

Tickets are \$40 and are on sale through fvvfd.org/april20. Seating is limited. The Emergency Services Center is located at 188 Route 7 South.

Canaan Child Care gets scholarship grant

NORTH CANAAN — The Canaan Foundation Inc., has awarded a grant in the amount of \$2,000 to the Canaan Child Care Center to aid in the purchase of healthy snack food for children, and for scholarships for families.

For more information or a donation to the cause, contact Frances Chapell, director, at 860-824-0597

Salisbury voter registration session to be held March 15

SALISBURY — The Salisbury Registrars of Voters will hold a voter enrollment session at Salisbury Town Hall Friday, March 15, from 1 to 3 p.m.

The purpose of the session will be registration and/or enrollment of electors entitled to vote in the

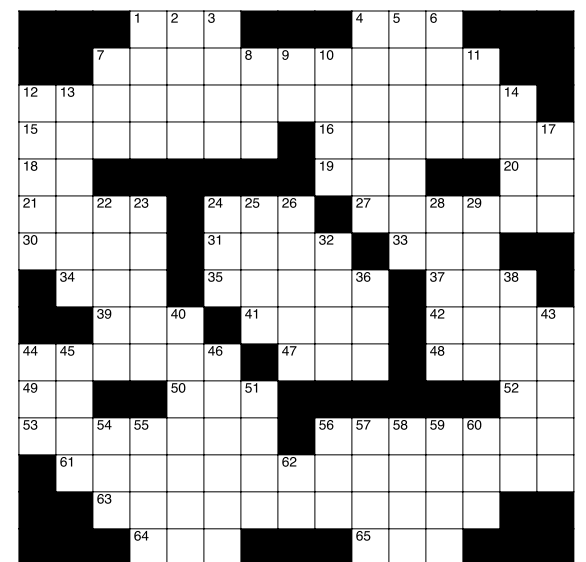
upcoming presidential preference primaries being held throughout the state Tuesday, April 2.

Call the Salisbury Registrar of Voters office for more information on this and any other election-related or voter registration questions at 860-435-5175.

Brain Teasers

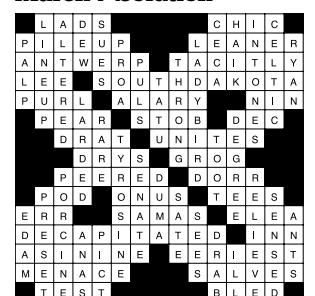
CLUES ACROSS

- Helps little firms
- Political action committee
- Allowed
- Olivia Colman played one
- Open
- He had a notable lamp
- Promotional material
- Domesticated animal
- Larry and Curly's buddy
- The best ever
- TV network
- Checked for
- Dry or withered
- Expression of annoyance
- Dash
- Fifth note of a major scale
- A secret clique
- Partner to cheese
- __ school: where to learn healing
- City in ancient Syria
- Gasteyer and de Armas are two
- Established practice
- Thanksgiving side dish
- District in Peru
- It's becoming more prevalent
- State in India
- Measure of illumination
- Raised platform
- Japanese warrior
- R.L. Stevenson novel
- Transitory
- Advanced degree
- Fiddler crabs



- Stop playing
- Marshy places
- Takes apart
- Ten cents
- A gesture of assent
- Scent
- Teletypewriter
- General's assistant (abbr.)
- Hillside
- Taxi driver
- Semitic Sun god
- Town in India
- Traditional rhythmic pattern
- Fugitives are on the __
- Type of dance
- Two letters, one sound
- Having a strong, pleasant taste
- Golf score
- Mayhem
- Drenched
- River in northeastern Asia
- Drug to treat anxiety (abbr.)
- Part-time employee
- A very large body of water
- Aboriginal people of Japan
- Millisecond
- Forearm bone
- Subway dweller
- Royal Mail

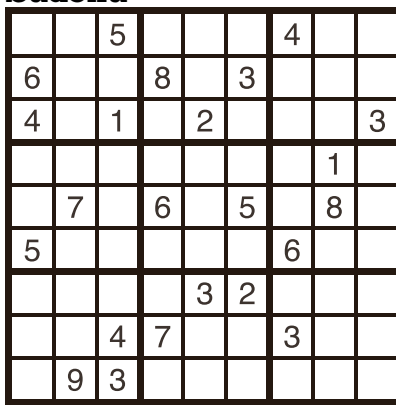
March 7 Solution



CLUES DOWN

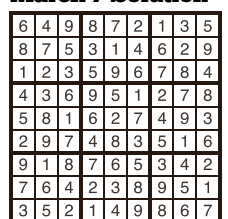
- Prevent from seeing
- Czech city
- __ and Andy, TV show
- A young pig
- Removed surgically
- Covered with
- Chest muscle (slang)
- Nigerian City
- Midway between south and east
- A way to shut

Sudoku



Level: Intermediate

March 7 Solution





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Sports

Mountaineers get set for spring

By Riley Klein

FALLS VILLAGE — Spring sports are right around the corner.

Housatonic Valley Regional High School (HVRHS) is set to field teams in five different sports for the 2024 season: baseball, lacrosse (girls), softball, tennis (boys and girls), and track and field (boys and girls).

Spring competition will begin with varsity softball hosting H.C. Wilcox Technical High School Saturday, March 30, at 10 a.m. Pete Foley will become head coach this season with Kaleigh Selino moving to the role of assistant coach.

HVRHS softball will be a team to watch this season after a generational state play-off run last year led it to the Connecticut Interscholastic Athletic Conference (CIAC) quarterfinal game for the first time since 1990. Just two seniors graduated from last year's team, leaving a 2024 roster of determined athletes with considerable postseason experience.

Tennis will retake the court Monday, April 1, for opening matches against Northwestern High School with service beginning at 3:45 p.m. The boys will be at home and the girls will be away. Last season, the boys finished with a record of 6-8 and the girls ended at 8-7. The boys are coached by Jeff Tripp and the girls are coached by Bill Markey.

Girls lacrosse will begin the 2024 season April 1 at home against Haddam-Killingworth High School. The game is scheduled to start at 4 p.m. Girls lacrosse graduated seven seniors last year, leaving head coach Laura Bushey a fresh lineup for this spring.

HVRHS baseball, led by head coach Darryl Morhardt, will look to improve on a tough season last year. A roster full of promising young talent gives reason for optimism in the season to come, including freshman Wyatt Bayer who brought some serious heat while pitching for Housatonic's summer league team in 2023. Opening day



PHOTOS BY BILLY SHEIL

Islay Sheil jumping during Junior National competition in Alaska.

Sheil soars to Junior National podium

A team of Salisbury Winter Sports Association (SWSA) members flew to Anchorage, Alaska, recently to compete, volunteer, support and officiate at the 2024 Junior Nationals (JN) ski jumping tournament.

The competitor was Islay Sheil, a member of Team SWSA who jumped in the U16 division, earning a bronze medal in the team event with teammate Caroline Chor from the Ford Sayre club in New Hampshire.

Islay earned a place on the 2024 Eastern JN team during Jumpfest's Eastern U.S. ski jumping championships in Salisbury.

SWSA directors Matt Bannerman and Serena Taylor volunteered as markers, and SWSA President Ken

Barker served as assistant technical delegate. Carley Bannerman, another SWSA jumper, and Islay's parents, Billy and Kristin Sheil, filled the rolls of "jumper support."

The Eastern division team enjoyed even more success by the competition's end. The U20 and U16 boys division swept the podium against competitors from the four other divisions. This was a first for any division in the competition's history.

The JN, which is the premier event for jumpers 20 years old and under, marks the official end of the ski jumping calendar, and the warming temperatures have brought SWSA's training sessions to a close for the season.

To learn more about SWSA, visit jumpfest.org



Islay, center, flanked by fellow Junior National ski jumping competitors.



PHOTOS BY RILEY KLEIN

Ava Segalla, Sara Huber, Mia Dodge, and Harper Howe competed in last year's CIAC Class S 100-meter relay race. All four will return for the 2024 season.

baseball will be Tuesday, April 2, at 3:45 p.m. with an away game at Northwestern High School.

Track and field athletes will be coached by Alan Lovejoy. Last season, five competitors qualified for the CIAC championships: Kyle McCarron, Ava Segalla, Harper Howe, Sara Huber and Mia Dodge.

All five will return for the 2024 season, which will begin on the road with a meet against Wamogo High School and Nonnewaug High School. The meet is scheduled to take place Tuesday, April 23, at Plumb Hill Track in Litchfield beginning at 4 p.m.

Home games for all spring sports will be played on the fields and courts behind HVRHS. For full schedules, visit ciacsports.com.



Haley Leonard will return to HVRHS softball as a senior captain this spring.

Housy requests Hall of Fame nominations

FALLS VILLAGE — The Housatonic Valley Regional High School (HVRHS) Athletic Department and the Athletic Hall of Fame Committee is now accepting nominations for the next class of inductees.

The Athletic Hall of Fame, which was created in 1996, recognizes former athletes, coaches, and community members who have made outstanding personal and athletic contributions to HVRHS.

The Athletic Hall of Fame's class of 2024 will be announced in June. The induction into the Athletic Hall of Fame will culminate with an awards ceremony and luncheon in October, where the nominees will be recognized.

All nominations will be due by Wednesday, May 1. Nomination forms will be available online at hvrhs.org under the Athletics tab. Forms may be submitted via email at amacneil@hvrhs.org or regular mail. Send regular mail forms to:

Housatonic Valley Regional High School
c/o Athletic Department
Attn: Athletic Hall of Fame
246 Warren Turnpike
Falls Village, CT 06031



PHOTO BY PATRICK L. SULLIVAN

Ed Tyburski Jr. was inducted with the Class of 2022.

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FORUM

Continued from Page A1

going to do.” Acknowledging the peril of making comparisons to Adolf Hitler and the Nazis, he said Putin’s speech was like Hitler’s “Mein Kampf” in spelling out each man’s plans. “Everybody wrote it off as bluster” aimed at a domestic audience. “And a year later, he invaded Georgia.” Shanker said that after the Al Qaeda terrorist attacks on 9/11, the U.S. became focused on terrorism to the detriment of other threats. He compared Putin to a Russian czar rather than a general secretary of the Communist Party. And he said the West “ignored Putin getting angrier and angrier.” Hoehn explained the concept of “warning machines”

and “action machines.” The warning machine looks at all the “little pieces of information” that come in from numerous sources. The action machine, acting on the intelligence, comes up with a response. Problems arise when the two machines aren’t working properly together. Hoehn said that in the two years prior to the COVID-19 pandemic, he and Shanker spoke with intelligence and public health officials and asked what worried them the most. The answer was a pandemic, which nobody thought the U.S. was prepared for. At the time, Hoehn concluded, “We don’t have a

warning machine or an action machine.” Shanker added, “We never defined health as a national security problem before.” And: “We need to define national security away from problems we solve by blowing them up.” Ward asked if the country is now ready for another pandemic. Hoehn replied. “Ready? No. A work in progress? Yes.” He said strategic planners should use the war game model for identifying possible responses and problems in the event of another pandemic. Asked about the current situation with Ukraine, the “fraying” of support for aid to Ukraine in the American

political world, and Putin’s recent rattling of the nuclear saber, Shanker said “I’d never bet against anything he says.” But he said he found it hard to see the tactical advantage Putin would gain by deploying nuclear weapons. Shanker pointed out that support for Ukraine comprises about 5% of the defense budget, and expressed concern about shifting American attitudes. “You don’t have to be partisan to say that this country used to support freedom and independence. There’s a dysfunctional situation in Washington, and both sides are guilty.” The entire discussion can be seen at www.salisburyforum.org

UKRAINE

Continued from Page A1

World War II. One shows a section of wall containing a piece of art by the English street artist Banksy. Shtunder said the piece was removed from the rubble and taken to a museum. His family is safe, he continued, and he has an uncle in Kiev who is working as a trauma surgeon. Ira Buch, 17, and also a junior, said she and her parents escaped from their home in an area targeted by Russian bombardment. It took three harrowing days but they made it to the Polish border. She described the confusion of the war and the

Ira Buch fled Ukraine after the war broke out and now attends The Hotchkiss School. Buch described her experience March 7.



PHOTO BY PATRICK L. SULLIVAN

escape, with no communications except the radio. Buch said she thinks the Russian invasion has backfired in one regard: People who were somewhat sympathetic to the Russians have changed their minds. She said “there is not a family that hasn’t lost someone or had someone injured. It creates unity.”

FARM BILL

Continued from Page A1

ly prepared food,” Ridgway said. U.S. Rep. Jahana Hayes (D-5) joined the evening. As a member of the House Agriculture Committee, she is particularly influential on issues related to food and farming, especially through the farm bill reauthorization process that is currently taking place: “It’s great to be here because I get to talk to busy farmers who don’t often leave the farm or have time for these kinds of conversations. I’m hearing about what’s important to them so I can make sure it’s in line with what I’m advocating for in the farm bill.” Hayes described herself as uniquely positioned on the House Agriculture Committee because the farmers she represents are smaller-scale producers serving their local communities. According to the recently released 2022 USDA Census of Agriculture, the average size of Connecticut farms is 74 acres, while the average size of farms across the U.S. is 446 acres. Hayes spoke of her efforts to make farm bill-authorized programs, like federal crop insurance and conservation funding, work better for the New England-style farm. She also emphasized the importance of protecting funds dedicated for climate-smart agriculture by 2022’s Inflation Reduction Act (IRA), which some members of the committee seek to reallocate. Farmer Dan Carr, who attended the event, agrees about the importance of the climate-smart farming practices incentivized by IRA funding. He works with a wide variety of farmers as the outreach and technical assistance manager for the nonprofit Berkshire Agricultural Ventures. Demand is high among the farmers



PHOTO BY JANNA SILLER

From left, Marty Lindenmayer, first selectman in Kent, Jahana Hayes (D), congresswoman for Connecticut’s 5th district, and Gordon Ridgway, first selectman in Cornwall and local farmer, met in February to discuss agriculture priorities and challenges. Hayes sits on the House Agricultural Committee.

he works with, many of whom use the conservation programs to support their financial viability while deploying practices that minimize greenhouse gas emissions, sequester carbon and help their farms adapt to the changing climate. Carr said that he and his wife, Marleen van Gulick, are working on a project to use conservation funding at their own livestock and beekeeping operation. At Beavertides Farm in Falls Village, Carr and Van Gulick rotate their animals frequently through fresh pasture to improve soil health and allow manure, and its associated greenhouse gasses, to cycle through the soil. Conservation funding would allow them to invest in permanent fencing that would make the system less labor intensive and thus, Carr hopes, the farm more financially stable. Hayes hopes there is time to get a farm bill passed between now and Sept. 30, when the funding that was extended through a continuing resolution last year expires: “I think that GT Thomp-

son, who is the chair of the committee, is a straight shooter and a good guy. He wants a farm bill, so hopefully we can work together to get something done. We’re going to make sure that, in the meantime, none of the funding sunsets or lapses while we’re working on these things.” From macrotopics like the farm bill and climate change, the attention of the evening’s attendees also turned to the task of connecting northwest Connecticut farmers with customers. “People know there are farms in the area,” said Partners for Sustainable

Healthy Communities board member and Farmer’s Table liaison Sunday Fisher, “but they don’t know the incredible people behind the farms, the farmers.” She and the Farmer’s Table co-chair Victoria Rowan addressed the assembled crowd of more than 50 farmers. They introduced a new online platform that the organization is launching with interactive maps and an events calendar using the CivicLift framework designed by Evan Dobbs. Phase one of the website will be to provide a comprehensive listing of Litchfield County farms for the public, while phase two will provide a mechanism for local farmers to communicate with one another. Fisher explained that all of the nonprofit’s Farmer’s Table activities — the evening at South Farms, the new website, the popular summer harvest dinner fundraiser, the farmer survey it is conducting, its funding of local food delivered to at-risk populations — are aimed at the same goal: to support the sustainability of the Litchfield County farmers. The 2022 Census of Agriculture lists the county as having the state’s highest number of farms (1,005) and the most land in agriculture (85,205 acres).

TOWN HALL

Continued from Page A1



PHOTO BY KATHRYN BOUGHTON

First Selectman Brian Ohler, right, welcomed Town Hall’s new executive assistant, Paul Mattingly, Saturday, March 2.

closed. The building process takes numerous steps, so in an effort to improve the permitting process, we decided to bring all the offices together at one time, under one roof.” From 8 to 11 a.m., people can visit the building official, the fire marshal, the zoning enforcement officer and a representative of the Torrington Area Health District at Town Hall. “They’re all here, willing and able to assist people to complete the permitting process,” Ohler said. Ohler has made other shifts in the Town Hall schedule to accommodate the public. An early riser himself, he said: “My office hours start at 5 a.m. A lot of contractors start early, and if they only have 15 minutes to get business done, I am here.” His office is also open until 8 p.m. on Monday to accommodate residents who work out of town. Tuesday through Thursday, the day ends at 4 p.m., and on Friday, his doors are open from 9 a.m. to 1 p.m. A further change is that new executive assistant Paul Mattingly will remain at his desk from noon to 1 p.m., a time the office has traditionally closed. “This acknowledges that most residents take their lunch from noon to 1 p.m.,” Ohler said. “Most offices here have been closed. We will start with the front office, and I am hoping the elective offices will follow our example. Elected offices at the Town Hall hours are open 8 a.m.-3:30 p.m. (closed noon-1 p.m.), Monday through Thursday. “A lot of what we are doing seems simple, but it hasn’t happened before,” Ohler ob-

served. “People are very appreciative. Even if they don’t take advantage of it, just knowing Town Hall is open makes them happy.” He adds that the accessible door on the east side of Town Hall now opens automatically, easing access. “I look at the town as running a business, and the taxpayers are my customers,” he said. “I am trying to make the town customer-centric.” Other initiatives are obvious at the landfill. “We’re showing the town what we are doing with the cleanliness of the transfer station,” he said. An accumulation of discarded refrigerators and the like has been eliminated and the points for access and egress have been changed to facilitate flow. Transfer station stickers are now checked at the entrance to ensure only residents deposit trash. Beyond the visual impact, he is addressing costs. “People know we all must pay taxes, but they want to know those taxes are working in ways that are beneficial,” he said. “I’ve put a moratorium on porous bulky waste until we can put a roof over the bin. We pay by the pound to dispose of it. What happens when cushions, carpets and sofas get wet? They weigh more.” Similarly, separating food scraps from the waste stream will greatly reduce weight, an initiative he would like to put in place in late spring. He admitted that not all measures he takes are popular. “I just take it as feedback. I do get some pushback from residents at the transfer station,” he said. “They think when they buy a sticker, it allows them to bring anything they want.”

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COMPASS

Your Guide to Tri-State Arts & Entertainment



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BOOKS: ALEXANDER WILBURN

Bunny Williams's 'Life in the Garden'

In 1979, interior decorator Bunny Williams and her husband, antiques dealer John Rosselli, had a fateful meeting with a poorly cared for — in Williams's words, "unspoiled" — 18th-century white clapboard home.

"I am not sure if I believe in destiny, but I do know that after years of looking for a house, my palms began to perspire when I turned onto a tree-lined driveway in a small New England village," Williams wrote in her 2005 book, "An Affair with a House." The Federal manor high on a hill, along with several later additions that included a converted carriage shed and an 1840-built barn, were constructed on what had been the homestead property of Falls Village's Brewster family, descendants of Mayflower passenger William Brewster, an English Separatist and Protestant leader in Plymouth Colony.

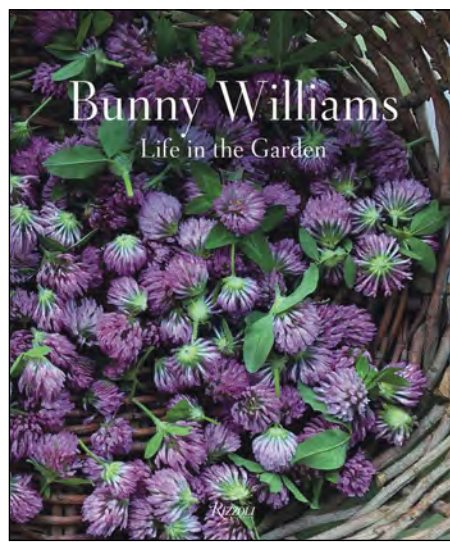
Williams has written

extensively about the renovation of the Falls Village home where she and Rosselli still reside, but in a new book published Tuesday, March 5, from Rizzoli, Williams takes readers to the great, green outdoors. "Life in the Garden," featuring principal photography by Annie Schlechter and additional photography by James Gillispie, combines matte and glossy paper, color and black and white imagery, as well as essays, seasonal maintenance steps and plant guides to chaperone readers through spring, summer, fall and winter on the Falls Village land. It's an intimate tour of the gardening efforts that dwell beyond the white border fence on Point of Rocks Road.

"Life in the Garden," however, is a slightly deceptive misnomer, for there is not one but many unique gardens to discover on Williams's property, each with their own character.

For the lovers of planting composition as a form of botanical embroidery, outside of the conservatory is the parterre garden, a formal garden that takes its name from the French for "on the ground." This style came into English fashion in the 17th century after Claude Mollet, "premier jardinier" for the kings, first introduced the design for French royal gardens at Saint-Germain-en-Laye and Fontainebleau. In Williams's parterre, a pergola covered by the growth of a vigorous William Baffin climbing rose that produces deep strawberry pink semi-double cluster blooms overlooks a rippling sea of blush and berry petals belonging to tall, late-blooming tulips framed in neat patterned squares of boxwood hedges.

Offering appeal for the more rustic and adventurous, hidden beyond



the trees is a secret garden found by following a dirt path trail where woodland peonies and Japanese wood poppies will lead you to a cast iron bench overlooking a small pond graced by the extending white flowering branches of dogwood trees.

There are many more spots to discover, each a little world of its own, whether it's the clucks emanating from the lively chicken coup, the twisting branches of the apple trees, the columns of arborvitae, the Guy Wolff handcrafted clay pottery or the greenhouse where Williams inhales "the delicious scents of jasmine and citrus."

For the book, Williams and Rizzoli publisher Charles Miers have thrown out strict organi-

Continued on next page



PHOTO BY JENNIFER ALMQUIST

Garet & Co dancers

DANCE: JENNIFER ALMQUIST

The Creators:

Sitting down with Gareth Wierdsma

On Saturday, March 9, the people of Norfolk, Connecticut, enjoyed a dance performance by northern Connecticut-based Gareth & Co, in Battell Chapel, titled INTERIOR, consisting of four pieces: "Forgive Her, Hera," "Something We Share," "bodieshatewomen," and "I kinda wish the apocalypse would just happen already."

At the sold-out show in the round, the dancers, whose strength, grace and athleticism filled the hall with startling passion, wove their movements within the intimate space to the rhythms of contemporary music. Wierdsma choreographed each piece and curated the music. The track she created for "Something We Share" eerily contained vintage soundtracks from life guidance recordings for the perfect woman of the '50s. The effect, with three dancers in satin slips posing before imaginary mirrors, was feminist in its message and left the viewer full of vicarious angst.

Following their performance, Wierdsma and her dancers sat on the dance floor and answered many questions from audience members, regarding subjects such as how long they have been dancing. The six young women have each been dancing for more than 18 years, a lifetime of sweat and discipline, perfecting their craft.

Website: garetwierdsma.com

INTERVIEW: Jennifer Almquist: What first inspired you to become a dancer?

Garet Wierdsma: I was put into dance when I was 2 years old, in a baby ballet class. My mom was a dancer, my aunt was a dancer. I had the option of choosing between many sports, yet I gravitated to dance because it was quieter. I was very quiet as a child. Dancing gave me a place where I could just be and express myself quietly.

I wasn't aggressive when I was a kid, but I have become more competitive as I've gotten older. I was also lucky enough to have cousins around my age that also danced. Whenever we got together, we made up shows and forced our families to sit and watch us. Those shows were fun, and creating our own thing, then presenting it, planted the seed that made me want to continue and be a choreographer when I got older.

JA: Was there a teacher who inspired you?

GW: I had teachers that I loved. Being a dancer can be difficult. I remember that when I was 7, I was disappointed by not being asked to be in a certain group. When I was 11, in response to losing a part I felt I deserved, I went on a journey to prove them wrong. I switched to a different studio and really connected with my new teacher. I owe a lot of my passion for dance to her. She recognized my quiet personality, my determi-

Continued on next page

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...Garet&Co

Continued from previous page

nation. She recognized that I wanted to be as good as I possibly could, even if I wasn't loud about it.

Her name was Brenda Barna of The Dancing Slipper in Southwick, Massachusetts. Her passion for dance and her passion for movement resonated with me and lit a fire for what I was doing. It wasn't all about the tricks or skills. She was a person that loved to move and loves music.

JA: Did she help you develop your body physically in a healthy way, build your muscle, your ability to handle what dancers must endure?

GW: So much goes into that training. For me to get to the level I achieved I had to train at that studio as well as at my high school and a ballet school elsewhere. I was also doing intensives all summer long and master classes any weekend that I could. Plus, I was training myself at home by clearing out our living room.

We didn't have a living room for probably seven years because it was my dance studio. With dance you are also training your brain. You must sit and think about things or discuss things. As a teacher now, I stop class and try to help my students understand the concept, which takes a lot longer. It's a huge time commitment. It means you must be taking even more time to be able to build up the strength to do it.

JA: Physical strength is essential. How do you sustain that?

GW: Dance is very physical. I think it's just about that base training, like making sure that you have all the training to back up what you're doing. I personally don't take class as much as I used to. I'm not in class every day, but because I was in class every day for more than over 10 years, I have the foundation now to be like, 'OK, I remember those muscles and I can do it.'

JA: Does that help you know how much you can ask of your dancers?

GW: Exactly! It is important because your



PHOTO BY JENNIFER ALMQUIST

Garet Wierdsma

dancers look to you for that — how do you know your own body, too. Dancers are really in tune with knowing their limitations or where they can push.

JA: Tell us about creating your dance company, Garet&Co. Are social media, the use of AI [artificial intelligence], and photography or film tools for your business now?

GW: I started my company based on a film. During the downtime of COVID I realized I really love choreography. I'm grateful they had a lot of choreographic opportunities at NYU. I was supposed to create a solo for a show at school, then suddenly we're all shut down. I decided to make it a film instead and had a fun experience doing that. I submitted the film to a festival; it was accepted.

When I graduated from NYU in 2021, I had been teaching whenever I was back home. I grabbed three of the students I had taught at one of my workshops during the winter — 'Hey, do you want to make a dance film with me in my backyard?' We made the film, which I submitted to a few festivals, where we won a couple of awards. Then I accompanied my film to live dance festivals with the intention of saying, 'Here's my film but I want to make it a live piece.' That is how the company started. At festivals I kept being asked what company I was with, and I answered Garet Wierdsma. I finally said that is our name: Garet&Co.

JA: How do you find your original dancers?

GW: I found my dancers a couple of different ways. I asked some of my students to join me. Then the stars lined up when a colleague took a gap year while I wanted to do festivals. She was the first adult professional that joined my company. I put notices for dancers on Facebook and Instagram — 'Hey I'm looking for dancers. Email me your dance reel and your resume.' I got some great dancers from that, two of whom are performing in this show tonight. Garet&Co is in our third season, and I held my first audition this year.

JA: What is next for Garet&Co?

GW: We will be continuing to share the joy and catharsis of contemporary dance through offering lots of classes and performances throughout the Northeast this spring and summer, culminating with our Season Four audition in August.

Our upcoming events:

March 24: "Something We Share" at Spark Theatre Festival in New York City

April 7: Garet&Co Contemporary Community Workshop

April 11: Garet&Co Open Company Classes (classes open to all)

April 28: "bodiesthatewomen" at Central Connecticut State University

May 4: "bodiesthatewomen" at Artistic Dance Festival in East Longmeadow, Massachusetts

Read the full interview on www.lakevillejournal.com

JOURNALISM: JUDITH O'HARA BALFE

Kevin McEneaney, voice of The Millbrook Independent

On meeting Kevin McEneaney, one is almost immediately aware of three things; he's reserved, he's highly intelligent and he has a good sense of humor.

McEneaney is the wit and wisdom behind The Millbrook Independent, a blog that evolved from the print version of that publication. It's a wealth of information about music venues in this part of Dutchess County interspersed with poetry, art reviews, articles on holidays and other items, and a smattering of science.

Having acquired degrees from the University of Dayton in Ohio in 1970, Middlebury College in Vermont in 1975, and a master's in philosophy

from Columbia University in New York City in 1977, McEneaney was an adjunct college instructor from 1989 until he stopped teaching to write a book in 2009. He taught freshman composition, Introduction to Literature and Russian literature — he and his wife, Veronica, had adopted three children from Russia — at several schools including Marist College, University of Hartford, Quinnipiac University, and SUNY Purchase in White Plains.

Born in Hicksville, New York, McEneaney lived in Ohio, Vermont and Manhattan before finding his way to Dutchess County.

He's been a literary consultant and writer



PHOTO BY JUDITH O'HARA BALFE

Kevin McEneaney

for Encyclopedia Americana; the executive director of the American Irish Historical Society in Manhattan; the owner of a successful bookstore on West 55th Street, just off Fifth Avenue. Facsimile Bookshop specialized in Irish literature and history, as well as music recording, carrying

Continued on next page

...garden

Continued from previous page



PHOTO COURTESY OF RIZZOLI

organization — Claude Mollet be damned — in favor of surprising juxtapositions that place candid family portraits next to quiet snapshots of life on the New England land: a lone limestone chicken sculpture blanketed in snow; a table springing to life with floral arrangements set for guests; a congregation of old watering cans. Per Williams, this anti-organization of photos is for readers to get lost in as they discover contem-

plation, inspiration and a new visual experience each time the book is opened with fresh eyes.

Whether Bunny Williams's many Falls Village gardens are set in stone or will continue to evolve, destined to be updated in a future volume, is not for us to know. But if there's any hint, Williams has included a quote from the late Gertrude Jekyll, the famed British horticulturist and garden designer closely tied

to the Arts and Crafts decorative movement of the late 19th century. Perhaps best known for her designs for Munstead Wood, a Grade I house in Surrey, Jekyll, an author herself and Country Life columnist, wrote: "In garden arrangement, as in all other kinds of decorative work, one has not only to acquire a knowledge of what to do but also to gain some wisdom in perceiving what it is well to let alone."

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Dealing with invasive species

According to Sam Schultz, terrestrial invasive species coordinator with the state Department of Environmental Conservation's Partnership for Regional Invasive Species Management (PRISM), one of the best ways to battle invasive species is with a hand tool called the hand grubber.

In her work in managing invasive species, she refers to it as a "best friend." Schultz and Colleen Lutz, assistant biologist with the New York Natural Heritage Program, delivered a lecture on invasive species at the Copake Grange Saturday, March 2.

Lutz began the presentation with this definition: "Invasive species are non-native plants, animals and pathogens that cause harm to the environment, the economy or human health."

She and Schultz discussed a few invasive plants and insects. Japanese barberry, Oriental Bittersweet, multiflora rose, tree of heaven, and autumn olive are all invasives present in New York state. They were introduced to the United States in the mid to late 1800s to use as a harder substitute for native plants, as ornamental plants or, in the case of the multiflora rose,

to use as root stock for ornamental roses and for stabilization of soil.

Invasive plants tend to "grow anywhere" and quickly, and "out-compete" native plants. Unfortunately, Lutz said, most of the invasive species like the "warmer, earlier spring weather" that climate change is causing and that they have "increased growth due to increased CO2."

Schultz contributed that Oriental bittersweet is known as "forest killer" because its vines climb trees, and the weight pulls the tree down.

Lutz moved on to invasive insects and talked about the hemlock woolly adelgid, spotted lanternfly, jumping worm and emerald ash borer.

The hemlock woolly adelgid is "like an aphid," said Lutz. "It sucks into the needle of hemlock trees and sucks the nutrients out and makes the hemlock weaker and more susceptible to disease."

Spotted lanternflies were first seen in Pennsylvania in 2014. They are known for eating crops, particularly grapes, and "love the tree of heaven," another invader.

Lutz moved on to the jumping worm. They "create coffee ground-look-

ing" castings and "jump around and act crazy." Jumping worms deplete soil of nutrients, which kills plants. They can be identified by a milky white band and their erratic behavior.

They are spread through compost and plants from nurseries. Lutz and Schultz suggest checking compost brought to a property for these worms before spreading it and also heating it by putting black plastic over it and letting it reach a temperature of 104. This would kill the eggs, which are too small to be seen.

She also said to check and rinse all plants brought in down to the roots and to throw away the dirt: "Wash boots off with a hose so that eggs clinging to them are not spread to other properties."

Of the spongy moth, Lutz said, "They will go after 300 species of trees, but have 150 primary host species that they prefer to eat," oaks being the most favored.

Lutz explained how the Heritage Program classifies invasive species with a tier system, with Tier One aimed at prevention of invasives, Tier Two aims at eradication. At Tier Three, the aim is to contain the

invasive and at Tier Four, it is here to stay, and the focus turns to long-term management.

This system allows program biologists to "decide which species are here and not here and how impactful it is." They then share their information with the PRISM so that a plan can be made to manage invasive species.

Oriental bittersweet, Japanese barberry, tree of heaven, multiflora rose, and autumn olive are all Tier Four. Also in Tier Four are the emerald ash borer, hemlock woolly adelgid, spongy moth and jumping worm.

Schultz began her part of the presentation by describing methods to combat the invaders. She explained Integrated Pest Management (IPM), which uses an "adaptive ecosystem-based approach exploring multiple control options targeting invasive species."

The methods used, she explained, come "from a range of manual, mechanical, cultural and biological control methods with the goal to maximize effective control and minimize negative environmental, economic and social impacts."

She listed mechanical methods as "hand-pull-



PHOTO BY L. TOMAINO

Sam Schultz, terrestrial invasive species coordinator with PRISM, is holding a tool she calls a "best friend" in the battle against invasives: the hand grubber. She was one of the presenters at the Copake Grange for a talk about invasive species Saturday, March 2.

ing, grubbing, girdling, grazing, hoeing, mowing and/or excavating."

At this point, she introduced, with a flourish, a hand tool which she called a "best friend": the hand grubber. She extolled its virtue of getting roots out.

Cultural controls "are practices that reduce pest establishment, reproduction, dispersal and survival, and limit exposed soil with restoration." This is as simple as tamping soil down so seeds can't easily grow and monitoring for regrowth. She recommended planting native species in places where invasive species have

been removed so that any seeds left can't take hold.

Biological controls involve realizing and encouraging natural "predators, parasites, pathogens and competitors to feed on or disrupt an invasive species." Schultz assured the audience that these "predator species were researched for 10 or more years so they know they won't hurt the environment."

She gave the example of the release of the silver fly, which feeds on the woolly adelgid. The silver fly, however, has had problems thriving in

Continued on next page

...McEneaney

Continued from previous page

books and recordings imported from Ireland and England. When the landlord wouldn't renew his lease he tried another location, then, in 1987, decided to close.

The next year, his wife got a job in Danbury, and the family left the Upper West Side for Union Vale. They rented a small cottage at the Marion Epley Estate on Route 9, recommended by his friend, novelist Thomas Gallagher.

McEneaney began his career at The Millbrook Independent as a truck driver, delivering newspapers, in 2011, just two years after the paper was first established. (The town's local paper, The Millbrook Round Table, had folded in 200.)

"2011 was the year after my critical book on Tom Wolfe was published, and I had just completed my book on novelist Russell Banks and was beginning my book on Hunter S. Thompson," he said.

McEneaney is the author of three books: "Hunter S. Thompson: Fear, Loathing, and the Birth of Gonzo"; "Russell Banks: In Search of Freedom"; and "Tom Wolfe's America: Heroes, Pranksters, and Fools."

He is also a poet and has published two collections: "The Enclosed Garden" and "Longing." Both were published in French and Japanese as well as English. Unsurprisingly, he also answers to Poet Laureate of Smithfield. His poetry is often found in The Millbrook Independent.

"I was interested in The Millbrook Independent because it was the only venue in the area that offered arts critique as well as local news."

McEneaney began writing for the Independent when the former owner, Stephen Kaye, asked McEneaney to cover a musical event at Bard College one evening in his stead, in September 2012. He has been writing for the paper ever since.

When circulation for the paper dwindled, Kaye went online; that led to even fewer print sales, and it seemed to be judicious to go completely digital; that happened in 2018.

When Kaye retired, McEneaney took on the blog.

"The new online format, which is the one in existence now, began in spring of 2020," said McEneaney. "Stephen

Kaye had financed the online site and then gave it to me, so I was then sole publisher and editor," said McEneaney. It remains free.

This is technically McEneaney's "retirement job" — he's 76 — but one that he loves and intends to keep on doing for as long as he can. He attends an event and writes it up almost immediately, sometimes posting articles at 1 or 2 a.m. It costs little to keep the blog running, he said, though he dislikes night driving. He can do it all from home, with no inconvenience to his wife or his cat, and he has no editors to answer to.

People love his articles because they contain bits of history, and usually a touch of humor, tongue-in-cheek or otherwise. His recent article in honor of Valentine's Day started with Claudius II, touched on the beheading of Valentine the physician and Roman Catholic priest who later became St. Valentine, and also mentioned Hamlet, the Duke of Orleans, and finally Catherine Howard, who is responsible for the hearts-and-flowers Valentine's Day cards we still see today.

"Over the past 20 years, there has been much growth in the arts and there are many more concerts and art exhibitions throughout the county," said McEneaney. "Dutchess County now has three thriving bookstores. Mid-Hudson Arts now plays a vital role in the county. WMHT radio from Kingston was not available when I first

moved to Union Vale."

McEneaney writes two or three articles a week usually, maybe 100 per year, but there is not a set schedule. He has other writers who submit works from time to time — such as Jim Flaherty, Tim McGonigle and Bill Schlesinger — on topics including science, social topics, literature and the arts.

McEneaney admits that what he does is a labor of love. Interviewing people such as local artist Susan Hennelly or reviewing writer Neil Gaiman; reviewing performances and then talking about them; and writing and discussing the many concerts he attends: It's all good, said McEneaney, and he isn't about to give it up.



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TRI-CORNER CALENDAR

Items are printed as space permits. All entries can be found at lakevillejournal.com/events-calendar. To submit calendar items, email editor@lakevillejournal.com

MARCH 15

Lasagna Dinner

Falls Village Emergency Center, 188 Route 7 South, Falls Village, Conn.

A lasagna dinner from 5:30 to 7:30 p.m. on March 15 will benefit the Lee H. Kellogg School's eighth grade trip to Washington, D.C. The menu can be eaten in or taken out, and will include meat or vegetarian lasagna with salad, bread and dessert. The cost is \$15 for adults, \$10 for children ages 5-10, and free for children under age 4.

Poetry Workshop with Sally Van Doren

Scoville Memorial Library, 38 Main St., Salisbury, Conn. scovillelibrary.org

From 2 to 4 p.m., join Sally Van Doren for this intensive, immersive workshop designed to give writers the time they need to generate new work and hone in on whatever it is that begs to be brought to the page. Sally Van Doren is the author of four books of poetry and a winner of the Walt Whitman prize. Registration is required; visit www.scovillelibrary.org

Sourdough Bread Contest

Dewey Memorial Hall, 91 Main St., Sheffield, Mass.

Dewey Hall will hold a sourdough bread-baking competition from 5:30 to 7:30 p.m. Bakers will enter two full-size loaves of bread, one for tasting/judging and one to be raffled off. Attendees will be invited to sample the loaves along with complementary cheese boards from Rubiner's Cheesemongers and beverages provided by DARE Bottleshop. Spectators may purchase tickets for \$30 each at secure.givelively.org/event/dewey-memorial-hall-inc/sourdough-bread-contest-2024. The event is free for children under 12.

MARCH 16

Fairy Tale Dinner

Charlotte's Restaurant, 4258 US-44, Millbrook, N.Y.

Join a magical Fairy Tale Dinner from 6 to 11 p.m. Immerse yourself in enchanting Irish Tales Wild and True from a Seanachie, Jonathan Kruk. Uncover the mysteries and real magic of the "Maewyn Succat" before he became St. Patrick. Listen to the tales of bold Finn McCoul, a Celtic goddess, and explore the Hudson Valley leprechaun legend. Call for reservations: 845-677-5888

Film Screening and Book Discussion

The Triplex Cinema, 70 Railroad St., Great Barrington, Mass. thetriplex.org

At 3 p.m., author and cultural critic Philip Gelter will join the Triplex for a screening of "Who's Afraid of Virginia Woolf?", Mike Nichol's award-winning film based on Edward Albee's play. Gelter will discuss his new book "Cocktails with George and Martha," recently published by Bloomsbury Press, followed by a book-signing. Tickets are \$25 and available at the Triplex website, www.thetriplex.org

Good Morning Good Neighbors

Cornwall Library, 30 Pine St., Cornwall, Conn. cornwalllibrary.org

From 10 a.m. to noon, visit the library for coffee and a pastry and stay to personally thank many of the town's elected officials who are no longer in elected office.

Charissa Hoffman

Copake Grange, 628 Empire Road, Copake, N.Y.

Nashville native ukulele player and songwriter Charissa Hoffman returns to the Grange from 7 to 8:30 p.m. with her intricate jazz arrangements and heart-wrenching alt-folk originals. Tickets are \$10 at the door. Learn more at charissahoffman.com or call 617-894-3538

Modernism and Tradition – The Foundation of Modern Art in America

Haystack Book Talk The Norfolk Library, 9 Greenwoods Road East, Norfolk, Conn. norfolklibrary.org

Join Norfolk's Robert Dance in conversation with Hugh Eakin, author of "Picasso's War: How Modern Art Came to America" at 4:30 p.m. In his book, Eakin tells the story of how a single exhibition—a decade in the making—forever changed American taste, and in doing so, saved dozens of the 20th century's most enduring artworks from the Nazis. Eakin describes how two men—first John Quinn, then Alfred Barr Jr.—changed the art world forever. Eakin will sign copies after the event.

Audubon Bake Sale

Sharon Audubon Center, 325 Cornwall Bridge Road, Sharon, Conn.

Sharon Audubon Center will hold its annual MapleFest and Maple Bake Sale between 11 a.m. and 4 p.m. On-going guided 45-minute to 1-hour tours will lead visitors through the Center's sugaring operation, including a working sugarhouse and a re-creation of Native American and early Colonial sugaring methods. Participants can watch as pure sugar maple sap is collected from the trees and turned into delicious maple syrup. Admission for the event is \$10 for adults and \$5 for children (free for ages 2 and under). Wear warm clothes and boots.

Art Exhibition

David M. Hunt Library, 63 Main St., Falls Village, Conn. huntlibrary.org

From March 16 through May 3, the David M. Hunt Library will host an exhibition of early 20th-century photography

from the Falls Village-Canaan Historical Society. "From the Great Falls to the Hilltops" allows a vivid peek into the past of Falls Village's people and places.

There will be a reception with refreshments on Saturday, March 16, from 4 to 6 p.m. It will be preceded by a talk at 3 p.m. on the progress of photographic technology by Daniel Karp, a professor of photography at Bard College at Simon's Rock.

MARCH 17

Here Come the Pollinators!

Colebrook Town Hall, 562 Colebrook Road, Colebrook, Conn. (or by Zoom)

At 4:30 p.m., John Markelon, president of the Litchfield Land Trust, will describe simple, yet effective, ways to create backyard pollinator habitats that are bound to increase the quality and yields of all you grow. The event is sponsored by the Colebrook Land Conservancy. Admission is free and refreshments will be served. For the Zoom link, visit www.colebrooklandconservancy.org

Celtic Baroque Band Makaris

Mahaiwe Performing Arts Center, 14 Castle St., Great Barrington, Mass. mahaiwe.org

Close Encounters With Music presents "Celtic Baroque Band Makaris — A Bach Family Concert with an Irish Twist," in which violin, guitar, harp and harpsichord meet bagpipes and Irish whistle in a cross-genre St. Patrick's Day celebration. Tickets are \$25-\$52 and are available online at mahaiwe.org

Jammin' at the Grange

Copake Grange, 628 Empire Road, Copake, N.Y.

Everyone is welcome to join in a free afternoon of creative music-making. Bring an instrument, a song and your voice and join others in a music jam. For more info, contact Lenny Barham at lennybarham@gmail.com

MARCH 20

Author Peter Vermilyea: Litchfield County and The Civil War

Scoville Memorial Library, 38 Main St., Salisbury, Conn. scovillelibrary.org

From 5 to 6:30 p.m., join author and Housatonic Valley Regional High School history teacher Peter Vermilyea for a presentation of his illuminating new book, "Litchfield County and the Civil War."

Visit www.scovillelibrary.org to register for this event.

ART: LYNN MELLIS WORTHINGTON

Arts Day for young creatives

Fourth graders from all of the schools in Region One gathered Wednesday, March 6, at the independent Kent School to expand their artistic horizons.

It was the 28th year that Region One has held Fourth Grade Arts Day, and this year's event was coordinated by Kent Center School music teacher David Poirier. He quickly pointed out, however, that it was a team effort involving all of the art and music teachers in the region. He also saluted Geoff Stewart of Kent School, chair of the performing arts department and director of the theater.

The school donated the facility and provided lunch, and many faculty and staff donated their time to assist. It was the second year that Kent had hosted the event. Previously it was held at The Hotchkiss School.

"We want to inspire students to take more interest in the arts in general and just see how many different possibilities there are," Poirier said. The elementary



PHOTO BY LYNN MELLIS WORTHINGTON

Fourth graders at Arts Day

schools have strong visual arts programs and music programs but the Arts Day expands their view of arts.

"Here we're really opening the door to lots of different things and maybe redefining what the arts means in general for them."

This year's workshops included 10 different offerings that ranged from shadow puppets to Broadway-style dancing to "My Shot" from Hamilton. Artists were compensated for their time through the Region 1 Arts Fund.

The workshops were: needle felting with Jen Markow; shadow puppets with Susan Aziz; spud stamps with Blake Myers; cardboard sculpture with Henry Klimowicz; Ukrainian eggs with Lisa Marsan; Intro to Hip Hop

with Starr Jeffries; a day of Broadway with Amber Cameron; drum circle with Kate Main; ribbon dance with Dance China; and creative movement for the stage with Heather Holohan-Guarnieri.

After a welcome from Superintendent Lisa Carter, there was a showcase performance from Dance China. With colorful costumes, the dancers demonstrated four different dances, including the Lion Dance, which involved the four-legged costumed creature venturing into the audience to the delight of the youngsters.

A second showcase performance was by Kent-based musician John Galusha, who performed beatboxing.

Story courtesy of Kent Good Times Dispatch.

...invasives

Continued from previous page

the cold winters in New York.

Chemical control, Schultz said, is a last resort and must be used carefully while following label instructions. She suggested using a small paintbrush to apply the herbicide to the cut stem or stump of invaders. The herbicide is absorbed by the plant and kills it.

Schultz said control plans are prioritized. It is best, she said, to "start with low-density satellite populations" and then go "into the core of the infestation." She said this prevents the satellite infestations from spreading seeds and becoming more populous.

She said it is important to implement any of the strategies that are "most effective before seed" and it is important to "attack the root ball and deal with the seed bank" when using the digging-and-pulling strategy.

The mowing, cutting and grazing methods will weaken the root systems and cause them to die out. They must be done repeatedly and must be done before the plants

go to seed.

Another method is to cover the plant with a "contractor's black trash bag," which will kill it and its roots. "Make sure none creeps out," she said.

Invasive trees can be girdled all the way around, exposing the inside to disease and pests, which will eventually weaken and kill them. They can also be drilled or cut, and herbicide placed inside to kill them or painted on the girdled bare space.

For the hemlock woolly adelgid and the ash borer, a tree can get a basal bark application. The bark at the base of the tree is sprayed all around the base and the spray is then taken up by the tree and goes up into it and keeps the insects away for a year or two. With spongy moths, Schultz suggested using burlap to wrap around trees, particularly the oaks that they favor, to discourage the larvae

from climbing into trees and eating foliage.

She said to dispose of invasive plants after pulling or cutting by "solarizing" them, which means to bag them and put them in the sun for two weeks. For woody plants, she recommends mulching, chipping or burning if allowed. She said that "non-fruit-bearing trees can be propped against or suspended" with "their roots exposed to decompose or arranged into brush piles for wildlife habitat." If chemicals are used, plants should not be touched for two weeks.

Schultz and Lutz concluded by saying people could help with invasive species by joining the iMapInvasives network at www.imapinvasives.org to report any that they find, and go online to New York Natural Heritage Program at nynhp.org or Capital Region PRISM at capitalregionprism.org for more information.

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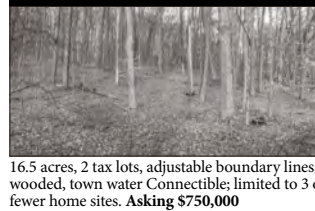
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